


































Fore River, Portland, ME - Jul 2020

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 8:20 | 9.3 | 8:42 | 10.7 | 2:07 | 0.0 | 2:21 | 0.2 | 5:03 | 8:26 |  |
| 2 | Thu | 9:22 | 9.3 | 9:38 | 10.9 | 3:09 | -0.4 | 3:19 | 0.3 | 5:04 | 8:26 |  |
| 3 | Fri | 10:20 | 9.4 | 10:31 | 11.0 | 4:07 | -0.7 | 4:14 | 0.3 | 5:05 | 8:26 |  |
| 4 | Sat | 11:15 | 9.4 | 11:23 | 11.0 | 5:01 | -0.9 | 5:06 | 0.3 | 5:05 | 8:25 |  |
| 5 | Sun | | | 12:08 | 9.4 | 5:53 | -1.0 | 5:58 | 0.4 | 5:06 | 8:25 |  |
| 6 | Mon | 12:14 | 10.9 | 12:57 | 9.4 | 6:42 | -0.9 | 6:47 | 0.5 | 5:07 | 8:25 |  |
| 7 | Tue | 1:02 | 10.7 | 1:44 | 9.3 | 7:29 | -0.7 | 7:35 | 0.7 | 5:07 | 8:24 |  |
| 8 | Wed | 1:48 | 10.4 | 2:30 | 9.1 | 8:14 | -0.4 | 8:22 | 1.0 | 5:08 | 8:24 |  |
| 9 | Thu | 2:34 | 10.0 | 3:16 | 9.0 | 8:58 | 0.0 | 9:10 | 1.2 | 5:09 | 8:23 |  |
| 10 | Fri | 3:21 | 9.6 | 4:02 | 8.9 | 9:43 | 0.4 | 9:59 | 1.4 | 5:09 | 8:23 |  |
| 11 | Sat | 4:09 | 9.1 | 4:49 | 8.8 | 10:27 | 0.7 | 10:50 | 1.6 | 5:10 | 8:22 |  |
| 12 | Sun | 4:59 | 8.7 | 5:35 | 8.8 | 11:12 | 1.1 | 11:43 | 1.7 | 5:11 | 8:22 |  |
| 13 | Mon | 5:51 | 8.3 | 6:22 | 8.8 | 11:57 | 1.4 | | | 5:12 | 8:21 |  |
| 14 | Tue | 6:45 | 8.1 | 7:11 | 8.9 | 12:36 | 1.7 | 12:45 | 1.6 | 5:13 | 8:20 |  |
| 15 | Wed | 7:41 | 7.9 | 8:00 | 9.0 | 1:32 | 1.6 | 1:36 | 1.8 | 5:14 | 8:20 |  |
| 16 | Thu | 8:37 | 7.9 | 8:49 | 9.2 | 2:27 | 1.4 | 2:27 | 1.8 | 5:15 | 8:19 |  |
| 17 | Fri | 9:29 | 8.0 | 9:35 | 9.5 | 3:18 | 1.0 | 3:16 | 1.7 | 5:15 | 8:18 |  |
| 18 | Sat | 10:16 | 8.2 | 10:20 | 9.8 | 4:04 | 0.7 | 4:02 | 1.4 | 5:16 | 8:18 |  |
| 19 | Sun | 11:02 | 8.5 | 11:04 | 10.2 | 4:48 | 0.3 | 4:46 | 1.2 | 5:17 | 8:17 |  |
| 20 | Mon | 11:46 | 8.8 | 11:49 | 10.5 | 5:32 | -0.1 | 5:32 | 0.9 | 5:18 | 8:16 |  |
| 21 | Tue | | | 12:30 | 9.1 | 6:15 | -0.5 | 6:18 | 0.6 | 5:19 | 8:15 |  |
| 22 | Wed | 12:34 | 10.7 | 1:14 | 9.4 | 6:59 | -0.7 | 7:05 | 0.3 | 5:20 | 8:14 |  |
| 23 | Thu | 1:20 | 10.9 | 1:59 | 9.7 | 7:44 | -0.9 | 7:54 | 0.1 | 5:21 | 8:13 |  |
| 24 | Fri | 2:08 | 10.8 | 2:47 | 9.9 | 8:30 | -0.9 | 8:46 | 0.0 | 5:22 | 8:12 |  |
| 25 | Sat | 2:59 | 10.6 | 3:37 | 10.1 | 9:18 | -0.8 | 9:42 | 0.0 | 5:23 | 8:11 |  |
| 26 | Sun | 3:55 | 10.3 | 4:31 | 10.2 | 10:10 | -0.6 | 10:40 | 0.0 | 5:24 | 8:10 |  |
| 27 | Mon | 4:54 | 9.8 | 5:27 | 10.3 | 11:04 | -0.2 | 11:42 | 0.1 | 5:25 | 8:09 |  |
| 28 | Tue | 5:56 | 9.4 | 6:25 | 10.3 | | | 12:01 | 0.1 | 5:26 | 8:08 |  |
| 29 | Wed | 7:01 | 9.1 | 7:26 | 10.3 | 12:47 | 0.1 | 1:01 | 0.5 | 5:27 | 8:07 |  |
| 30 | Thu | 8:08 | 8.9 | 8:27 | 10.3 | 1:54 | 0.0 | 2:05 | 0.7 | 5:28 | 8:06 |  |
| 31 | Fri | 9:12 | 8.9 | 9:26 | 10.4 | 2:58 | -0.1 | 3:06 | 0.7 | 5:30 | 8:05 |  |