

































Fore River, Portland, ME - Aug 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:10	9.0	10:21	10.5	3:57	-0.3	4:03	0.7	5:31	8:03	
2	Sun	11:04	9.1	11:12	10.6	4:50	-0.5	4:55	0.6	5:32	8:02	
3	Mon	11:53	9.2			5:40	-0.5	5:44	0.6	5:33	8:01	
4	Tue	12:00	10.5	12:39	9.2	6:25	-0.4	6:30	0.6	5:34	8:00	
5	Wed	12:45	10.4	1:21	9.2	7:08	-0.3	7:14	0.7	5:35	7:58	
6	Thu	1:27	10.1	2:01	9.2	7:47	-0.1	7:56	0.8	5:36	7:57	
7	Fri	2:08	9.8	2:40	9.1	8:25	0.2	8:38	1.0	5:37	7:56	
8	Sat	2:49	9.4	3:19	9.0	9:03	0.5	9:21	1.2	5:38	7:54	
9	Sun	3:32	9.0	4:00	8.9	9:42	0.9	10:07	1.3	5:39	7:53	
10	Mon	4:18	8.6	4:43	8.9	10:23	1.2	10:55	1.5	5:40	7:51	
11	Tue	5:06	8.2	5:29	8.8	11:07	1.5	11:46	1.6	5:42	7:50	
12	Wed	5:58	7.9	6:17	8.8	11:54	1.8			5:43	7:48	
13	Thu	6:54	7.7	7:10	8.9	12:40	1.6	12:46	1.9	5:44	7:47	
14	Fri	7:53	7.7	8:05	9.1	1:38	1.4	1:41	1.9	5:45	7:45	
15	Sat	8:49	7.9	8:58	9.5	2:35	1.1	2:37	1.7	5:46	7:44	
16	Sun	9:41	8.2	9:48	9.9	3:28	0.7	3:29	1.3	5:47	7:42	
17	Mon	10:29	8.7	10:36	10.4	4:16	0.2	4:18	0.8	5:48	7:41	
18	Tue	11:15	9.2	11:24	10.8	5:02	-0.3	5:07	0.3	5:49	7:39	
19	Wed			12:01	9.6	5:47	-0.8	5:56	-0.1	5:51	7:38	
20	Thu	12:13	11.1	12:47	10.1	6:33	-1.1	6:46	-0.5	5:52	7:36	
21	Fri	1:01	11.2	1:34	10.5	7:19	-1.3	7:36	-0.7	5:53	7:34	
22	Sat	1:51	11.1	2:21	10.7	8:06	-1.2	8:29	-0.8	5:54	7:33	
23	Sun	2:43	10.8	3:12	10.7	8:55	-0.9	9:24	-0.7	5:55	7:31	
24	Mon	3:39	10.3	4:06	10.6	9:47	-0.5	10:23	-0.4	5:56	7:30	
25	Tue	4:39	9.7	5:04	10.4	10:43	0.0	11:26	-0.2	5:57	7:28	
26	Wed	5:43	9.2	6:05	10.2	11:43	0.5			5:58	7:26	
27	Thu	6:50	8.9	7:10	10.0	12:32	0.1	12:47	0.9	6:00	7:24	
28	Fri	7:58	8.7	8:15	10.0	1:41	0.2	1:54	1.1	6:01	7:23	
29	Sat	9:02	8.7	9:16	10.0	2:47	0.1	2:58	1.0	6:02	7:21	
30	Sun	9:58	8.9	10:10	10.1	3:45	0.0	3:54	0.9	6:03	7:19	
31	Mon	10:48	9.0	10:59	10.2	4:37	-0.1	4:44	0.7	6:04	7:18	