

































## Fore River, Portland, ME - Jan 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:20	8.7	12:19	10.1	6:06	0.8	6:44	-0.4	7:14	4:15	
2	Sat	12:59	8.8	1:01	10.1	6:48	0.7	7:25	-0.5	7:14	4:16	
3	Sun	1:41	8.9	1:46	10.0	7:34	0.6	8:10	-0.4	7:14	4:17	
4	Mon	2:26	9.0	2:36	9.8	8:24	0.6	8:58	-0.3	7:14	4:18	
5	Tue	3:16	9.2	3:31	9.5	9:20	0.5	9:49	-0.2	7:14	4:19	
6	Wed	4:09	9.4	4:31	9.2	10:19	0.4	10:44	0.0	7:14	4:20	
7	Thu	5:05	9.7	5:35	9.0	11:22	0.3	11:42	0.2	7:14	4:21	
8	Fri	6:04	9.9	6:42	8.9			12:28	0.0	7:13	4:22	
9	Sat	7:06	10.2	7:49	8.9	12:43	0.3	1:34	-0.4	7:13	4:23	
10	Sun	8:05	10.5	8:50	9.1	1:45	0.3	2:35	-0.8	7:13	4:24	
11	Mon	9:02	10.8	9:47	9.3	2:44	0.2	3:32	-1.1	7:12	4:25	
12	Tue	9:56	10.9	10:41	9.4	3:39	0.0	4:26	-1.3	7:12	4:26	
13	Wed	10:49	11.0	11:32	9.4	4:32	0.0	5:17	-1.3	7:12	4:27	
14	Thu	11:39	10.9			5:23	0.0	6:05	-1.2	7:11	4:29	
15	Fri	12:20	9.4	12:27	10.6	6:12	0.1	6:51	-0.9	7:11	4:30	
16	Sat	1:06	9.3	1:14	10.2	7:00	0.3	7:36	-0.5	7:10	4:31	
17	Sun	1:52	9.1	2:01	9.6	7:49	0.6	8:21	0.0	7:10	4:32	
18	Mon	2:39	8.9	2:50	9.1	8:39	0.9	9:07	0.5	7:09	4:34	
19	Tue	3:26	8.7	3:42	8.5	9:31	1.2	9:53	0.9	7:08	4:35	
20	Wed	4:14	8.6	4:36	8.1	10:25	1.4	10:41	1.4	7:08	4:36	
21	Thu	5:04	8.5	5:33	7.7	11:22	1.5	11:32	1.7	7:07	4:37	
22	Fri	5:56	8.5	6:32	7.5			12:21	1.5	7:06	4:39	
23	Sat	6:49	8.5	7:31	7.5	12:26	1.9	1:20	1.3	7:05	4:40	
24	Sun	7:42	8.7	8:24	7.7	1:22	1.9	2:13	1.0	7:04	4:41	
25	Mon	8:30	9.0	9:12	7.9	2:12	1.7	3:00	0.6	7:04	4:43	
26	Tue	9:15	9.4	9:55	8.2	2:58	1.4	3:42	0.2	7:03	4:44	
27	Wed	9:57	9.7	10:36	8.5	3:40	1.1	4:23	-0.1	7:02	4:45	
28	Thu	10:38	10.1	11:16	8.8	4:22	0.8	5:02	-0.5	7:01	4:47	
29	Fri	11:19	10.4	11:55	9.1	5:03	0.4	5:41	-0.8	7:00	4:48	
30	Sat			12:00	10.5	5:46	0.1	6:21	-1.0	6:59	4:49	
31	Sun	12:35	9.4	12:43	10.5	6:30	-0.1	7:02	-1.0	6:58	4:51	