


















Fore River, Portland, ME - Jul 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:02	9.3	5:43	9.2	11:20	0.5	11:50	1.3	5:03	8:26	
2	Fri	5:59	8.8	6:35	9.1			12:12	0.9	5:04	8:26	
3	Sat	6:57	8.4	7:26	9.1	12:50	1.4	1:04	1.3	5:04	8:26	
4	Sun	7:55	8.2	8:17	9.2	1:49	1.3	1:56	1.6	5:05	8:25	
5	Mon	8:51	8.1	9:05	9.3	2:45	1.2	2:47	1.7	5:06	8:25	
6	Tue	9:42	8.1	9:49	9.4	3:35	1.0	3:33	1.8	5:06	8:25	
7	Wed	10:29	8.2	10:32	9.5	4:20	0.8	4:16	1.7	5:07	8:24	
8	Thu	11:13	8.3	11:12	9.7	5:02	0.6	4:57	1.7	5:08	8:24	
9	Fri	11:55	8.4	11:52	9.8	5:41	0.4	5:36	1.6	5:09	8:23	
10	Sat			12:34	8.5	6:19	0.2	6:15	1.4	5:09	8:23	
11	Sun	12:31	9.9	1:12	8.6	6:56	0.1	6:55	1.3	5:10	8:22	
12	Mon	1:09	10.0	1:50	8.7	7:33	0.0	7:35	1.2	5:11	8:22	
13	Tue	1:48	10.0	2:28	8.9	8:12	-0.1	8:18	1.1	5:12	8:21	
14	Wed	2:29	10.0	3:09	9.1	8:52	-0.1	9:04	0.9	5:13	8:21	
15	Thu	3:15	9.9	3:53	9.4	9:36	-0.1	9:55	0.8	5:13	8:20	
16	Fri	4:05	9.7	4:41	9.6	10:22	0.0	10:50	0.6	5:14	8:19	
17	Sat	4:59	9.4	5:32	9.9	11:12	0.1	11:47	0.4	5:15	8:19	
18	Sun	5:58	9.2	6:27	10.2			12:05	0.3	5:16	8:18	
19	Mon	7:00	9.0	7:25	10.4	12:49	0.2	1:03	0.4	5:17	8:17	
20	Tue	8:07	9.0	8:26	10.7	1:53	-0.1	2:04	0.5	5:18	8:16	
21	Wed	9:11	9.1	9:26	10.9	2:57	-0.4	3:06	0.4	5:19	8:15	
22	Thu	10:12	9.3	10:23	11.1	3:58	-0.8	4:04	0.3	5:20	8:14	
23	Fri	11:09	9.4	11:19	11.3	4:54	-1.0	5:01	0.1	5:21	8:13	
24	Sat			12:04	9.6	5:49	-1.2	5:56	0.1	5:22	8:12	
25	Sun	12:14	11.2	12:56	9.7	6:41	-1.1	6:49	0.1	5:23	8:11	
26	Mon	1:05	11.1	1:46	9.7	7:30	-1.0	7:40	0.2	5:24	8:10	
27	Tue	1:55	10.7	2:34	9.6	8:17	-0.7	8:31	0.4	5:25	8:09	
28	Wed	2:44	10.2	3:22	9.5	9:04	-0.2	9:23	0.7	5:26	8:08	
29	Thu	3:35	9.6	4:10	9.3	9:50	0.3	10:16	1.0	5:27	8:07	
30	Fri	4:27	9.1	4:58	9.2	10:37	0.8	11:10	1.2	5:28	8:06	
31	Sat	5:20	8.5	5:47	9.0	11:25	1.2			5:29	8:05	