

































Fore River, Portland, ME - Mar 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:46	10.6	10:24	9.6	3:28	0.0	4:10	-1.0	6:17	5:29	
2	Wed	10:39	10.8	11:12	9.9	4:22	-0.4	4:59	-1.2	6:15	5:31	
3	Thu	11:28	10.8	11:57	10.1	5:13	-0.6	5:43	-1.1	6:13	5:32	
4	Fri			12:14	10.5	6:00	-0.7	6:26	-0.8	6:12	5:33	
5	Sat	12:39	10.1	12:59	10.1	6:46	-0.6	7:06	-0.4	6:10	5:34	
6	Sun	1:20	9.9	1:44	9.5	7:31	-0.3	7:47	0.2	6:08	5:36	
7	Mon	2:01	9.6	2:30	8.9	8:17	0.1	8:30	0.8	6:06	5:37	
8	Tue	2:44	9.3	3:20	8.3	9:05	0.5	9:15	1.4	6:05	5:38	
9	Wed	3:31	8.9	4:13	7.8	9:57	0.9	10:05	1.9	6:03	5:39	
10	Thu	4:23	8.5	5:11	7.5	10:53	1.3	11:00	2.2	6:01	5:41	
11	Fri	5:21	8.3	6:14	7.3	11:55	1.5			5:59	5:42	
12	Sat	6:23	8.3	7:16	7.4	12:02	2.3	1:00	1.5	5:58	5:43	
13	Sun	8:24	8.4	9:10	7.7	1:06	2.2	2:57	1.2	6:56	6:44	
14	Mon	9:18	8.8	9:57	8.1	3:02	1.9	3:45	0.9	6:54	6:46	
15	Tue	10:04	9.2	10:38	8.5	3:49	1.4	4:25	0.5	6:52	6:47	
16	Wed	10:46	9.5	11:15	9.0	4:31	0.9	5:02	0.1	6:50	6:48	
17	Thu	11:26	9.8	11:51	9.5	5:11	0.4	5:38	-0.2	6:49	6:49	
18	Fri			12:05	10.0	5:51	0.0	6:14	-0.4	6:47	6:50	
19	Sat	12:26	9.9	12:44	10.1	6:31	-0.5	6:50	-0.5	6:45	6:52	
20	Sun	1:02	10.2	1:25	10.1	7:12	-0.8	7:29	-0.5	6:43	6:53	
21	Mon	1:41	10.5	2:08	9.9	7:56	-0.9	8:11	-0.3	6:41	6:54	
22	Tue	2:22	10.5	2:56	9.5	8:43	-0.8	8:57	0.0	6:40	6:55	
23	Wed	3:09	10.4	3:50	9.1	9:35	-0.6	9:49	0.5	6:38	6:56	
24	Thu	4:03	10.1	4:51	8.7	10:33	-0.3	10:48	0.9	6:36	6:58	
25	Fri	5:05	9.8	5:59	8.4	11:38	0.1	11:53	1.2	6:34	6:59	
26	Sat	6:14	9.6	7:12	8.3			12:48	0.3	6:32	7:00	
27	Sun	7:28	9.5	8:23	8.5	1:05	1.3	2:02	0.2	6:31	7:01	
28	Mon	8:39	9.7	9:25	9.0	2:19	1.0	3:07	0.0	6:29	7:02	
29	Tue	9:41	10.0	10:18	9.4	3:24	0.6	4:03	-0.3	6:27	7:04	
30	Wed	10:36	10.2	11:07	9.8	4:21	0.1	4:52	-0.5	6:25	7:05	
31	Thu	11:26	10.3	11:51	10.1	5:12	-0.3	5:37	-0.5	6:23	7:06	