
































Fore River, Portland, ME - Jun 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:52	9.8	1:35	8.5	7:19	0.2	7:18	1.6	5:02	8:15	
2	Thu	1:29	9.7	2:13	8.4	7:57	0.3	7:56	1.8	5:01	8:16	
3	Fri	2:07	9.5	2:53	8.3	8:35	0.5	8:36	1.9	5:01	8:17	
4	Sat	2:47	9.3	3:36	8.2	9:16	0.7	9:20	2.0	5:00	8:18	
5	Sun	3:31	9.1	4:20	8.2	9:59	0.8	10:07	2.1	5:00	8:18	
6	Mon	4:18	9.0	5:06	8.3	10:43	0.9	10:58	2.0	5:00	8:19	
7	Tue	5:08	8.8	5:52	8.5	11:29	0.9	11:51	1.8	5:00	8:20	
8	Wed	6:00	8.7	6:40	8.9			12:17	0.9	4:59	8:20	
9	Thu	6:56	8.7	7:29	9.3	12:46	1.5	1:07	0.9	4:59	8:21	
10	Fri	7:54	8.8	8:19	9.9	1:44	1.0	1:59	0.7	4:59	8:22	
11	Sat	8:51	9.0	9:09	10.5	2:40	0.3	2:51	0.5	4:59	8:22	
12	Sun	9:46	9.3	9:59	11.0	3:35	-0.3	3:43	0.3	4:59	8:23	
13	Mon	10:40	9.5	10:50	11.4	4:27	-0.9	4:34	0.1	4:59	8:23	
14	Tue	11:35	9.7	11:43	11.6	5:20	-1.3	5:27	-0.1	4:58	8:24	
15	Wed			12:30	9.8	6:14	-1.6	6:21	-0.1	4:58	8:24	
16	Thu	12:37	11.7	1:25	9.8	7:08	-1.6	7:17	-0.1	4:58	8:24	
17	Fri	1:33	11.5	2:21	9.8	8:03	-1.5	8:13	0.1	4:59	8:25	
18	Sat	2:30	11.2	3:19	9.7	8:59	-1.2	9:13	0.4	4:59	8:25	
19	Sun	3:30	10.7	4:19	9.6	9:57	-0.8	10:17	0.6	4:59	8:25	
20	Mon	4:32	10.2	5:19	9.6	10:55	-0.4	11:22	0.8	4:59	8:26	
21	Tue	5:35	9.7	6:17	9.6	11:53	0.1			4:59	8:26	
22	Wed	6:38	9.2	7:14	9.6	12:27	0.9	12:50	0.5	4:59	8:26	
23	Thu	7:41	8.8	8:09	9.7	1:31	0.8	1:47	0.9	5:00	8:26	
24	Fri	8:41	8.6	9:00	9.7	2:33	0.7	2:42	1.2	5:00	8:26	
25	Sat	9:36	8.5	9:47	9.8	3:28	0.5	3:32	1.4	5:00	8:26	
26	Sun	10:26	8.5	10:31	9.8	4:17	0.4	4:17	1.5	5:01	8:26	
27	Mon	11:12	8.4	11:13	9.8	5:01	0.3	4:59	1.6	5:01	8:26	
28	Tue	11:55	8.4	11:53	9.8	5:43	0.3	5:39	1.6	5:02	8:26	
29	Wed			12:35	8.4	6:22	0.3	6:18	1.6	5:02	8:26	
30	Thu	12:31	9.7	1:13	8.4	6:59	0.3	6:55	1.6	5:03	8:26	