



Fore River, Portland, ME - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:08	9.7	1:51	8.4	7:35	0.3	7:33	1.6	5:03	8:26	☀
2	Sat	1:45	9.6	2:27	8.4	8:11	0.4	8:11	1.7	5:04	8:26	☀
3	Sun	2:23	9.5	3:05	8.5	8:47	0.4	8:52	1.6	5:04	8:26	☀
4	Mon	3:02	9.4	3:44	8.6	9:25	0.5	9:37	1.6	5:05	8:25	☀
5	Tue	3:46	9.2	4:26	8.8	10:06	0.5	10:25	1.5	5:06	8:25	☀
6	Wed	4:33	9.0	5:09	9.1	10:49	0.6	11:16	1.3	5:06	8:25	☀
7	Thu	5:23	8.9	5:55	9.4	11:35	0.7			5:07	8:24	☀
8	Fri	6:18	8.7	6:46	9.8	12:10	1.0	12:25	0.7	5:08	8:24	☀
9	Sat	7:18	8.7	7:40	10.1	1:08	0.6	1:20	0.8	5:08	8:24	☀
10	Sun	8:20	8.8	8:37	10.6	2:09	0.2	2:18	0.6	5:09	8:23	☀
11	Mon	9:21	9.0	9:34	11.0	3:09	-0.3	3:16	0.4	5:10	8:23	☀
12	Tue	10:20	9.3	10:31	11.4	4:07	-0.8	4:13	0.2	5:11	8:22	☀
13	Wed	11:18	9.5	11:28	11.6	5:03	-1.2	5:10	0.0	5:12	8:21	☀
14	Thu			12:15	9.8	5:59	-1.5	6:07	-0.2	5:12	8:21	☀
15	Fri	12:25	11.7	1:10	9.9	6:54	-1.6	7:03	-0.2	5:13	8:20	☀
16	Sat	1:21	11.5	2:04	10.0	7:47	-1.5	7:59	-0.2	5:14	8:19	☀
17	Sun	2:16	11.2	2:58	10.0	8:40	-1.2	8:57	0.0	5:15	8:19	☀
18	Mon	3:12	10.7	3:53	9.9	9:33	-0.7	9:56	0.3	5:16	8:18	☀
19	Tue	4:10	10.1	4:48	9.8	10:26	-0.2	10:57	0.5	5:17	8:17	☀
20	Wed	5:09	9.4	5:42	9.7	11:20	0.4	11:58	0.7	5:18	8:16	☀
21	Thu	6:09	8.9	6:37	9.5			12:14	0.9	5:19	8:15	☀
22	Fri	7:10	8.4	7:32	9.4	1:00	0.9	1:10	1.4	5:20	8:15	☀
23	Sat	8:11	8.1	8:26	9.3	2:02	0.9	2:07	1.7	5:21	8:14	☀
24	Sun	9:08	8.1	9:18	9.4	3:00	0.9	3:01	1.8	5:22	8:13	☀
25	Mon	10:00	8.1	10:05	9.5	3:51	0.8	3:50	1.8	5:23	8:12	☀
26	Tue	10:46	8.2	10:49	9.6	4:37	0.6	4:35	1.7	5:24	8:11	☀
27	Wed	11:30	8.3	11:30	9.7	5:20	0.5	5:16	1.6	5:25	8:10	☀
28	Thu			12:10	8.4	5:59	0.4	5:55	1.5	5:26	8:09	☀
29	Fri	12:09	9.8	12:47	8.5	6:35	0.3	6:32	1.4	5:27	8:07	☀
30	Sat	12:46	9.8	1:23	8.7	7:09	0.2	7:09	1.3	5:28	8:06	☀
31	Sun	1:22	9.8	1:57	8.8	7:42	0.2	7:46	1.2	5:29	8:05	☀