




























Fore River, Portland, ME - Oct 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:21	9.1	3:34	10.2	9:21	0.7	10:03	0.0	6:38	6:22	
2	Sun	4:19	8.8	4:33	10.0	10:17	1.0	11:05	0.2	6:40	6:20	
3	Mon	5:23	8.5	5:38	9.8	11:19	1.2			6:41	6:19	
4	Tue	6:32	8.5	6:49	9.8	12:11	0.3	12:27	1.3	6:42	6:17	
5	Wed	7:42	8.7	8:00	9.9	1:21	0.3	1:38	1.1	6:43	6:15	
6	Thu	8:47	9.1	9:04	10.2	2:28	0.1	2:46	0.7	6:44	6:13	
7	Fri	9:43	9.6	10:02	10.4	3:27	-0.2	3:46	0.1	6:45	6:11	
8	Sat	10:33	10.1	10:54	10.5	4:19	-0.5	4:40	-0.3	6:47	6:10	
9	Sun	11:20	10.4	11:44	10.4	5:06	-0.5	5:30	-0.6	6:48	6:08	
10	Mon			12:04	10.5	5:51	-0.4	6:17	-0.7	6:49	6:06	
11	Tue	12:31	10.2	12:46	10.5	6:33	-0.1	7:02	-0.6	6:50	6:04	
12	Wed	1:16	9.8	1:26	10.3	7:14	0.3	7:46	-0.4	6:51	6:03	
13	Thu	2:00	9.4	2:07	10.0	7:55	0.8	8:30	0.0	6:53	6:01	
14	Fri	2:45	8.9	2:50	9.6	8:38	1.3	9:16	0.5	6:54	5:59	
15	Sat	3:33	8.4	3:37	9.1	9:23	1.7	10:07	0.9	6:55	5:58	
16	Sun	4:26	8.0	4:30	8.8	10:14	2.1	11:01	1.3	6:56	5:56	
17	Mon	5:22	7.8	5:27	8.5	11:10	2.4	11:59	1.5	6:58	5:54	
18	Tue	6:20	7.7	6:27	8.5			12:09	2.4	6:59	5:53	
19	Wed	7:17	7.8	7:26	8.5	12:57	1.6	1:09	2.3	7:00	5:51	
20	Thu	8:11	8.1	8:21	8.7	1:54	1.4	2:07	2.0	7:01	5:50	
21	Fri	8:58	8.5	9:10	9.0	2:43	1.2	2:58	1.5	7:03	5:48	
22	Sat	9:39	9.0	9:54	9.3	3:25	0.8	3:42	1.0	7:04	5:46	
23	Sun	10:17	9.5	10:36	9.6	4:03	0.5	4:23	0.4	7:05	5:45	
24	Mon	10:53	10.0	11:17	9.7	4:40	0.3	5:04	-0.1	7:06	5:43	
25	Tue	11:30	10.4	11:58	9.8	5:17	0.1	5:45	-0.6	7:08	5:42	
26	Wed			12:08	10.7	5:56	0.0	6:27	-0.9	7:09	5:40	
27	Thu	12:41	9.8	12:49	10.9	6:38	0.0	7:12	-1.0	7:10	5:39	
28	Fri	1:26	9.7	1:34	10.9	7:23	0.1	8:00	-0.9	7:11	5:37	
29	Sat	2:15	9.5	2:23	10.7	8:11	0.4	8:52	-0.7	7:13	5:36	
30	Sun	3:09	9.2	3:18	10.4	9:04	0.7	9:50	-0.3	7:14	5:35	
31	Mon	4:10	8.9	4:21	10.1	10:04	1.0	10:54	0.0	7:15	5:33	