
































Fore River, Portland, ME - Dec 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:08	9.2	5:26	9.5	11:10	0.9	11:46	0.2	6:54	4:05	
2	Fri	6:11	9.3	6:34	9.2			12:20	0.7	6:55	4:05	
3	Sat	7:10	9.6	7:38	9.1	12:48	0.3	1:26	0.4	6:56	4:05	
4	Sun	8:04	9.9	8:35	9.1	1:45	0.5	2:24	0.1	6:57	4:04	
5	Mon	8:52	10.1	9:26	9.1	2:36	0.6	3:15	-0.2	6:59	4:04	
6	Tue	9:36	10.1	10:13	9.0	3:23	0.7	4:01	-0.4	7:00	4:04	
7	Wed	10:18	10.1	10:57	8.9	4:06	0.8	4:45	-0.4	7:00	4:04	
8	Thu	10:58	10.0	11:39	8.8	4:46	1.0	5:25	-0.3	7:01	4:04	
9	Fri	11:37	9.9			5:25	1.2	6:04	-0.1	7:02	4:04	
10	Sat	12:18	8.6	12:15	9.7	6:03	1.3	6:42	0.1	7:03	4:04	
11	Sun	12:57	8.4	12:53	9.5	6:42	1.5	7:21	0.3	7:04	4:04	
12	Mon	1:37	8.2	1:33	9.2	7:22	1.7	8:01	0.6	7:05	4:04	
13	Tue	2:19	8.1	2:16	9.0	8:05	1.8	8:43	0.8	7:06	4:04	
14	Wed	3:03	8.0	3:03	8.7	8:51	1.9	9:27	0.9	7:06	4:04	
15	Thu	3:49	8.1	3:53	8.5	9:42	1.9	10:13	1.0	7:07	4:05	
16	Fri	4:36	8.2	4:45	8.4	10:34	1.8	10:59	1.1	7:08	4:05	
17	Sat	5:23	8.5	5:40	8.3	11:29	1.6	11:48	1.1	7:09	4:05	
18	Sun	6:11	8.9	6:37	8.4			12:25	1.2	7:09	4:05	
19	Mon	7:01	9.4	7:33	8.6	12:40	1.0	1:21	0.6	7:10	4:06	
20	Tue	7:50	9.9	8:27	8.8	1:31	0.8	2:15	-0.1	7:10	4:06	
21	Wed	8:38	10.5	9:19	9.1	2:22	0.5	3:06	-0.7	7:11	4:07	
22	Thu	9:27	11.0	10:10	9.4	3:12	0.2	3:56	-1.2	7:11	4:07	
23	Fri	10:18	11.3	11:02	9.6	4:02	-0.1	4:47	-1.6	7:12	4:08	
24	Sat	11:10	11.5	11:55	9.7	4:54	-0.3	5:39	-1.7	7:12	4:08	
25	Sun			12:03	11.5	5:47	-0.4	6:32	-1.7	7:13	4:09	
26	Mon	12:48	9.7	12:58	11.3	6:42	-0.3	7:25	-1.5	7:13	4:10	
27	Tue	1:43	9.7	1:55	10.8	7:39	-0.1	8:21	-1.1	7:13	4:10	
28	Wed	2:41	9.6	2:56	10.3	8:40	0.1	9:19	-0.7	7:13	4:11	
29	Thu	3:42	9.5	4:00	9.7	9:44	0.4	10:18	-0.2	7:14	4:12	
30	Fri	4:42	9.5	5:05	9.2	10:51	0.5	11:17	0.3	7:14	4:13	
31	Sat	5:42	9.5	6:11	8.7	11:59	0.6			7:14	4:13	