






























Fore River, Portland, ME - Feb 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:00	9.1	8:44	7.9	1:43	1.6	2:34	0.5	6:57	4:51	
2	Thu	8:51	9.2	9:33	8.1	2:37	1.6	3:23	0.4	6:56	4:53	
3	Fri	9:38	9.3	10:16	8.2	3:24	1.4	4:06	0.2	6:55	4:54	
4	Sat	10:20	9.5	10:56	8.4	4:06	1.2	4:46	0.1	6:54	4:55	
5	Sun	10:58	9.6	11:32	8.5	4:45	1.0	5:21	0.0	6:52	4:57	
6	Mon	11:34	9.6			5:21	0.9	5:53	0.0	6:51	4:58	
7	Tue	12:05	8.7	12:08	9.6	5:56	0.8	6:24	0.0	6:50	5:00	
8	Wed	12:37	8.8	12:42	9.4	6:30	0.7	6:55	0.1	6:49	5:01	
9	Thu	1:08	8.9	1:16	9.2	7:06	0.7	7:28	0.2	6:47	5:02	
10	Fri	1:41	9.0	1:54	9.0	7:45	0.7	8:03	0.4	6:46	5:04	
11	Sat	2:16	9.0	2:36	8.7	8:27	0.7	8:43	0.7	6:45	5:05	
12	Sun	2:57	9.1	3:24	8.3	9:15	0.7	9:29	0.9	6:43	5:06	
13	Mon	3:44	9.2	4:18	8.1	10:08	0.7	10:20	1.1	6:42	5:08	
14	Tue	4:37	9.2	5:20	7.9	11:07	0.7	11:18	1.3	6:41	5:09	
15	Wed	5:38	9.3	6:29	7.9			12:13	0.5	6:39	5:10	
16	Thu	6:45	9.6	7:39	8.2	12:24	1.2	1:22	0.1	6:38	5:12	
17	Fri	7:53	10.1	8:42	8.7	1:32	0.9	2:27	-0.4	6:36	5:13	
18	Sat	8:55	10.6	9:39	9.3	2:35	0.3	3:24	-1.0	6:35	5:14	
19	Sun	9:52	11.1	10:32	9.8	3:34	-0.3	4:18	-1.5	6:33	5:16	
20	Mon	10:47	11.4	11:23	10.3	4:29	-0.8	5:09	-1.7	6:32	5:17	
21	Tue	11:40	11.4			5:23	-1.1	5:57	-1.8	6:30	5:18	
22	Wed	12:12	10.6	12:30	11.1	6:15	-1.3	6:44	-1.5	6:28	5:20	
23	Thu	12:59	10.6	1:21	10.6	7:06	-1.2	7:31	-1.0	6:27	5:21	
24	Fri	1:46	10.5	2:13	10.0	7:59	-0.9	8:19	-0.4	6:25	5:22	
25	Sat	2:36	10.1	3:08	9.2	8:53	-0.4	9:10	0.4	6:24	5:24	
26	Sun	3:28	9.7	4:07	8.5	9:51	0.1	10:04	1.1	6:22	5:25	
27	Mon	4:23	9.2	5:09	8.0	10:52	0.6	11:02	1.6	6:20	5:26	
28	Tue	5:23	8.8	6:14	7.6	11:57	1.0			6:19	5:28	