
































Fore River, Portland, ME - Apr 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:48	8.6	9:27	8.1	2:35	2.0	3:16	1.1	6:22	7:07	
2	Sun	9:38	8.8	10:10	8.5	3:27	1.6	3:59	0.9	6:20	7:08	
3	Mon	10:21	9.1	10:47	8.9	4:11	1.2	4:36	0.6	6:19	7:09	
4	Tue	11:01	9.3	11:22	9.3	4:50	0.8	5:10	0.4	6:17	7:11	
5	Wed	11:39	9.4	11:55	9.6	5:27	0.4	5:42	0.3	6:15	7:12	
6	Thu			12:16	9.4	6:03	0.1	6:15	0.3	6:13	7:13	
7	Fri	12:27	9.9	12:52	9.4	6:39	-0.2	6:49	0.3	6:11	7:14	
8	Sat	1:00	10.1	1:30	9.3	7:16	-0.4	7:26	0.4	6:10	7:15	
9	Sun	1:35	10.2	2:10	9.1	7:57	-0.4	8:06	0.6	6:08	7:17	
10	Mon	2:15	10.1	2:55	8.8	8:41	-0.3	8:51	0.8	6:06	7:18	
11	Tue	3:01	10.0	3:47	8.6	9:32	-0.1	9:43	1.1	6:05	7:19	
12	Wed	3:55	9.8	4:47	8.3	10:29	0.1	10:42	1.3	6:03	7:20	
13	Thu	4:58	9.6	5:53	8.3	11:32	0.3	11:47	1.4	6:01	7:21	
14	Fri	6:06	9.5	7:03	8.4			12:39	0.4	5:59	7:22	
15	Sat	7:18	9.6	8:10	8.9	12:58	1.3	1:48	0.2	5:58	7:24	
16	Sun	8:28	9.8	9:10	9.5	2:10	0.8	2:51	-0.1	5:56	7:25	
17	Mon	9:30	10.1	10:03	10.1	3:15	0.2	3:46	-0.4	5:54	7:26	
18	Tue	10:26	10.3	10:51	10.6	4:12	-0.4	4:36	-0.6	5:53	7:27	
19	Wed	11:18	10.4	11:37	10.9	5:04	-0.9	5:23	-0.6	5:51	7:28	
20	Thu			12:08	10.3	5:53	-1.2	6:08	-0.4	5:50	7:30	
21	Fri	12:21	10.9	12:55	10.0	6:40	-1.2	6:51	-0.1	5:48	7:31	
22	Sat	1:04	10.8	1:41	9.6	7:26	-1.0	7:34	0.4	5:46	7:32	
23	Sun	1:46	10.5	2:27	9.2	8:11	-0.7	8:18	0.9	5:45	7:33	
24	Mon	2:29	10.0	3:15	8.7	8:57	-0.1	9:04	1.4	5:43	7:34	
25	Tue	3:16	9.5	4:06	8.3	9:47	0.4	9:54	1.8	5:42	7:36	
26	Wed	4:07	9.1	5:01	7.9	10:40	0.9	10:49	2.2	5:40	7:37	
27	Thu	5:04	8.7	5:57	7.8	11:36	1.3	11:47	2.4	5:39	7:38	
28	Fri	6:03	8.4	6:54	7.8			12:33	1.5	5:37	7:39	
29	Sat	7:03	8.3	7:50	8.0	12:48	2.4	1:30	1.5	5:36	7:40	
30	Sun	8:01	8.4	8:39	8.3	1:49	2.1	2:22	1.4	5:34	7:41	