

































## Fore River, Portland, ME - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:55	8.6	10:02	10.5	3:43	0.2	3:45	1.0	5:03	8:26	
2	Sun	10:48	8.8	10:53	10.9	4:34	-0.3	4:36	0.7	5:04	8:26	
3	Mon	11:40	9.1	11:46	11.2	5:26	-0.8	5:29	0.4	5:04	8:26	
4	Tue			12:33	9.4	6:17	-1.1	6:23	0.2	5:05	8:25	
5	Wed	12:40	11.4	1:26	9.6	7:09	-1.3	7:17	0.0	5:05	8:25	
6	Thu	1:34	11.4	2:19	9.8	8:01	-1.3	8:13	0.0	5:06	8:25	
7	Fri	2:29	11.1	3:14	9.9	8:54	-1.2	9:11	0.1	5:07	8:25	
8	Sat	3:26	10.7	4:10	10.0	9:48	-0.9	10:13	0.2	5:07	8:24	
9	Sun	4:27	10.2	5:07	10.1	10:44	-0.5	11:16	0.3	5:08	8:24	
10	Mon	5:29	9.7	6:04	10.1	11:40	0.0			5:09	8:23	
11	Tue	6:32	9.2	7:01	10.0	12:20	0.4	12:37	0.5	5:10	8:23	
12	Wed	7:37	8.8	7:59	10.0	1:25	0.4	1:36	0.9	5:11	8:22	
13	Thu	8:40	8.6	8:55	9.9	2:29	0.3	2:35	1.2	5:11	8:22	
14	Fri	9:38	8.5	9:47	9.9	3:27	0.2	3:30	1.4	5:12	8:21	
15	Sat	10:31	8.5	10:36	9.9	4:20	0.2	4:20	1.4	5:13	8:20	
16	Sun	11:19	8.5	11:21	9.9	5:08	0.1	5:06	1.4	5:14	8:20	
17	Mon			12:03	8.5	5:52	0.1	5:49	1.4	5:15	8:19	
18	Tue	12:04	9.9	12:44	8.5	6:32	0.2	6:30	1.4	5:16	8:18	
19	Wed	12:43	9.8	1:22	8.6	7:10	0.2	7:08	1.4	5:17	8:17	
20	Thu	1:21	9.7	1:59	8.6	7:45	0.3	7:46	1.4	5:18	8:17	
21	Fri	1:58	9.6	2:34	8.7	8:19	0.4	8:25	1.5	5:19	8:16	
22	Sat	2:35	9.4	3:11	8.7	8:54	0.5	9:05	1.5	5:20	8:15	
23	Sun	3:14	9.1	3:48	8.8	9:30	0.7	9:48	1.5	5:21	8:14	
24	Mon	3:57	8.8	4:27	8.9	10:08	0.9	10:35	1.5	5:22	8:13	
25	Tue	4:43	8.5	5:09	9.0	10:50	1.1	11:24	1.4	5:23	8:12	
26	Wed	5:32	8.2	5:55	9.2	11:35	1.3			5:24	8:11	
27	Thu	6:26	8.1	6:46	9.4	12:17	1.2	12:25	1.4	5:25	8:10	
28	Fri	7:26	8.0	7:42	9.7	1:14	1.0	1:21	1.4	5:26	8:09	
29	Sat	8:28	8.2	8:41	10.1	2:16	0.6	2:20	1.3	5:27	8:08	
30	Sun	9:28	8.5	9:38	10.6	3:15	0.2	3:19	0.9	5:28	8:07	
31	Mon	10:25	8.9	10:35	11.0	4:12	-0.4	4:16	0.5	5:29	8:05	