

































## Fore River, Portland, ME - Oct 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:45	10.9	1:04	11.2	6:50	-0.9	7:20	-1.3	6:38	6:23	
2	Mon	1:35	10.5	1:51	11.0	7:37	-0.4	8:11	-1.0	6:39	6:21	
3	Tue	2:27	9.9	2:39	10.6	8:25	0.2	9:03	-0.5	6:40	6:19	
4	Wed	3:20	9.3	3:31	10.0	9:15	0.8	9:59	0.0	6:42	6:17	
5	Thu	4:18	8.7	4:28	9.5	10:11	1.4	10:59	0.6	6:43	6:15	
6	Fri	5:19	8.3	5:29	9.1	11:10	1.9			6:44	6:14	
7	Sat	6:20	8.0	6:32	8.8	12:02	1.0	12:14	2.1	6:45	6:12	
8	Sun	7:22	7.9	7:35	8.8	1:06	1.2	1:18	2.1	6:46	6:10	
9	Mon	8:19	8.1	8:32	8.9	2:06	1.2	2:19	1.9	6:48	6:08	
10	Tue	9:09	8.4	9:22	9.0	2:59	1.1	3:11	1.6	6:49	6:07	
11	Wed	9:52	8.7	10:06	9.2	3:42	0.9	3:56	1.2	6:50	6:05	
12	Thu	10:31	9.1	10:46	9.3	4:20	0.7	4:36	0.9	6:51	6:03	
13	Fri	11:06	9.4	11:24	9.4	4:54	0.6	5:12	0.6	6:52	6:01	
14	Sat	11:38	9.6			5:26	0.6	5:48	0.3	6:54	6:00	
15	Sun	12:00	9.3	12:10	9.8	5:58	0.6	6:23	0.1	6:55	5:58	
16	Mon	12:36	9.2	12:42	9.9	6:31	0.7	6:59	0.0	6:56	5:56	
17	Tue	1:12	9.1	1:16	10.0	7:06	0.8	7:37	0.0	6:57	5:55	
18	Wed	1:50	8.9	1:54	9.9	7:45	1.0	8:19	0.1	6:59	5:53	
19	Thu	2:32	8.7	2:37	9.9	8:27	1.2	9:07	0.2	7:00	5:52	
20	Fri	3:21	8.5	3:28	9.7	9:16	1.4	10:01	0.4	7:01	5:50	
21	Sat	4:17	8.3	4:27	9.6	10:12	1.5	11:01	0.5	7:02	5:48	
22	Sun	5:21	8.2	5:33	9.5	11:15	1.5			7:04	5:47	
23	Mon	6:27	8.4	6:42	9.6	12:05	0.5	12:22	1.4	7:05	5:45	
24	Tue	7:33	8.8	7:51	9.8	1:11	0.4	1:32	1.0	7:06	5:44	
25	Wed	8:34	9.4	8:55	10.1	2:14	0.1	2:39	0.4	7:07	5:42	
26	Thu	9:28	10.1	9:52	10.3	3:11	-0.3	3:38	-0.3	7:09	5:41	
27	Fri	10:18	10.7	10:46	10.5	4:03	-0.5	4:32	-0.9	7:10	5:39	
28	Sat	11:06	11.0	11:38	10.4	4:51	-0.6	5:23	-1.3	7:11	5:38	
29	Sun	11:52	11.2			5:38	-0.5	6:13	-1.4	7:12	5:36	
30	Mon	12:28	10.2	12:38	11.1	6:25	-0.2	7:01	-1.3	7:14	5:35	
31	Tue	1:17	9.9	1:24	10.8	7:11	0.2	7:49	-0.9	7:15	5:34	