
































## Fore River, Portland, ME - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:06	9.4	2:10	10.4	7:57	0.7	8:38	-0.4	7:16	5:32	
2	Thu	2:56	8.9	2:59	9.8	8:46	1.2	9:30	0.2	7:18	5:31	
3	Fri	3:49	8.5	3:54	9.3	9:39	1.7	10:26	0.7	7:19	5:29	
4	Sat	4:46	8.1	4:52	8.9	10:36	2.0	11:24	1.1	7:20	5:28	
5	Sun	4:44	8.0	4:52	8.6	10:36	2.2	11:21	1.3	6:22	4:27	
6	Mon	5:41	8.0	5:51	8.5	11:37	2.2			6:23	4:26	
7	Tue	6:35	8.2	6:48	8.5	12:17	1.4	12:38	2.0	6:24	4:24	
8	Wed	7:25	8.5	7:41	8.6	1:09	1.3	1:32	1.7	6:25	4:23	
9	Thu	8:09	8.9	8:28	8.7	1:54	1.2	2:19	1.2	6:27	4:22	
10	Fri	8:48	9.2	9:10	8.9	2:34	1.0	3:01	0.8	6:28	4:21	
11	Sat	9:24	9.6	9:51	9.0	3:10	0.9	3:39	0.4	6:29	4:20	
12	Sun	9:58	9.9	10:30	9.0	3:45	0.9	4:17	0.0	6:31	4:19	
13	Mon	10:33	10.1	11:09	9.0	4:21	0.8	4:55	-0.2	6:32	4:18	
14	Tue	11:10	10.3	11:49	9.0	4:59	0.8	5:34	-0.4	6:33	4:17	
15	Wed	11:50	10.3			5:39	0.8	6:16	-0.4	6:35	4:16	
16	Thu	12:31	8.9	12:33	10.3	6:22	0.9	7:02	-0.4	6:36	4:15	
17	Fri	1:17	8.8	1:20	10.2	7:09	1.0	7:52	-0.2	6:37	4:14	
18	Sat	2:08	8.6	2:14	10.0	8:01	1.1	8:47	0.0	6:38	4:13	
19	Sun	3:07	8.6	3:15	9.8	9:00	1.2	9:47	0.1	6:40	4:12	
20	Mon	4:09	8.7	4:21	9.6	10:05	1.2	10:48	0.2	6:41	4:12	
21	Tue	5:13	8.9	5:29	9.5	11:13	1.0	11:50	0.2	6:42	4:11	
22	Wed	6:15	9.3	6:37	9.5			12:22	0.7	6:43	4:10	
23	Thu	7:14	9.8	7:41	9.6	12:52	0.1	1:28	0.2	6:45	4:09	
24	Fri	8:08	10.3	8:40	9.7	1:49	0.0	2:27	-0.4	6:46	4:09	
25	Sat	8:58	10.7	9:33	9.7	2:42	0.0	3:20	-0.8	6:47	4:08	
26	Sun	9:46	10.9	10:25	9.7	3:31	0.0	4:10	-1.1	6:48	4:08	
27	Mon	10:32	10.9	11:14	9.5	4:18	0.2	4:59	-1.1	6:49	4:07	
28	Tue	11:18	10.7			5:04	0.4	5:45	-0.9	6:51	4:07	
29	Wed	12:00	9.3	12:02	10.5	5:49	0.7	6:30	-0.6	6:52	4:06	
30	Thu	12:46	9.0	12:47	10.1	6:34	1.0	7:16	-0.2	6:53	4:06	