
































## Fore River, Portland, ME - Dec 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:32	8.7	1:32	9.7	7:19	1.3	8:02	0.2	6:54	4:05	
2	Sat	2:19	8.4	2:20	9.3	8:07	1.6	8:50	0.6	6:55	4:05	
3	Sun	3:09	8.2	3:12	8.9	8:58	1.9	9:40	1.0	6:56	4:05	
4	Mon	4:01	8.1	4:06	8.5	9:53	2.0	10:29	1.2	6:57	4:04	
5	Tue	4:52	8.1	5:00	8.3	10:49	2.1	11:18	1.4	6:58	4:04	
6	Wed	5:42	8.2	5:56	8.1	11:46	2.0			6:59	4:04	
7	Thu	6:30	8.5	6:51	8.1	12:07	1.4	12:42	1.7	7:00	4:04	
8	Fri	7:17	8.8	7:44	8.2	12:55	1.4	1:34	1.3	7:01	4:04	
9	Sat	8:00	9.2	8:32	8.3	1:41	1.4	2:21	0.8	7:02	4:04	
10	Sun	8:41	9.6	9:17	8.5	2:24	1.2	3:04	0.3	7:03	4:04	
11	Mon	9:21	9.9	10:00	8.7	3:06	1.1	3:46	-0.1	7:04	4:04	
12	Tue	10:02	10.3	10:44	8.8	3:48	0.9	4:29	-0.5	7:05	4:04	
13	Wed	10:45	10.5	11:29	9.0	4:31	0.7	5:14	-0.7	7:06	4:04	
14	Thu	11:31	10.7			5:17	0.5	6:00	-0.9	7:06	4:04	
15	Fri	12:15	9.0	12:19	10.8	6:04	0.4	6:48	-0.9	7:07	4:04	
16	Sat	1:03	9.1	1:09	10.6	6:55	0.4	7:38	-0.8	7:08	4:05	
17	Sun	1:56	9.1	2:04	10.4	7:49	0.5	8:32	-0.6	7:08	4:05	
18	Mon	2:52	9.2	3:04	10.0	8:49	0.6	9:29	-0.4	7:09	4:05	
19	Tue	3:52	9.3	4:08	9.6	9:53	0.6	10:27	-0.1	7:10	4:06	
20	Wed	4:51	9.4	5:14	9.3	10:59	0.6	11:26	0.2	7:10	4:06	
21	Thu	5:52	9.6	6:21	9.0			12:07	0.4	7:11	4:07	
22	Fri	6:51	9.9	7:27	8.9	12:27	0.4	1:14	0.1	7:11	4:07	
23	Sat	7:48	10.1	8:28	8.9	1:27	0.5	2:15	-0.3	7:12	4:08	
24	Sun	8:41	10.3	9:23	9.0	2:23	0.6	3:10	-0.6	7:12	4:08	
25	Mon	9:31	10.4	10:13	9.0	3:15	0.6	4:00	-0.7	7:13	4:09	
26	Tue	10:18	10.4	11:01	8.9	4:03	0.7	4:47	-0.7	7:13	4:10	
27	Wed	11:03	10.3	11:45	8.8	4:49	0.7	5:32	-0.6	7:13	4:10	
28	Thu	11:46	10.1			5:33	0.8	6:14	-0.4	7:13	4:11	
29	Fri	12:27	8.7	12:27	9.9	6:14	1.0	6:54	-0.2	7:14	4:12	
30	Sat	1:07	8.6	1:08	9.6	6:55	1.1	7:33	0.1	7:14	4:12	
31	Sun	1:48	8.5	1:49	9.3	7:37	1.3	8:10	0.5	7:14	4:13	