
































Fore River, Portland, ME - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:17	9.0	2:46	8.1	8:35	0.8	8:45	1.3	6:16	5:30	
2	Sat	2:58	8.9	3:34	7.8	9:22	0.9	9:32	1.6	6:14	5:31	
3	Sun	3:46	8.8	4:29	7.5	10:15	1.1	10:25	1.8	6:12	5:32	
4	Mon	4:42	8.8	5:32	7.4	11:15	1.1	11:25	1.8	6:11	5:34	
5	Tue	5:45	8.9	6:41	7.6			12:22	0.9	6:09	5:35	
6	Wed	6:54	9.3	7:46	8.1	12:32	1.6	1:29	0.5	6:07	5:36	
7	Thu	7:58	9.8	8:43	8.8	1:38	1.0	2:28	-0.2	6:06	5:37	
8	Fri	8:57	10.5	9:35	9.5	2:38	0.3	3:21	-0.8	6:04	5:39	
9	Sat	9:51	11.0	10:25	10.2	3:34	-0.5	4:10	-1.4	6:02	5:40	
10	Sun	11:43	11.3			5:27	-1.1	5:58	-1.7	7:00	6:41	
11	Mon	12:12	10.8	12:35	11.3	6:19	-1.6	6:45	-1.7	6:58	6:42	
12	Tue	12:59	11.2	1:25	11.1	7:10	-1.8	7:32	-1.4	6:57	6:44	
13	Wed	1:46	11.2	2:17	10.6	8:01	-1.7	8:20	-0.9	6:55	6:45	
14	Thu	2:35	11.0	3:10	9.9	8:54	-1.4	9:10	-0.2	6:53	6:46	
15	Fri	3:26	10.6	4:08	9.2	9:51	-0.8	10:05	0.5	6:51	6:47	
16	Sat	4:23	10.0	5:11	8.6	10:52	-0.2	11:05	1.2	6:50	6:49	
17	Sun	5:24	9.4	6:17	8.1	11:57	0.4			6:48	6:50	
18	Mon	6:31	9.0	7:26	7.8	12:10	1.7	1:07	0.8	6:46	6:51	
19	Tue	7:41	8.8	8:31	7.9	1:21	1.9	2:16	0.9	6:44	6:52	
20	Wed	8:45	8.8	9:27	8.1	2:29	1.8	3:15	0.8	6:42	6:53	
21	Thu	9:39	9.0	10:14	8.4	3:27	1.5	4:04	0.6	6:41	6:55	
22	Fri	10:26	9.2	10:55	8.7	4:15	1.2	4:45	0.5	6:39	6:56	
23	Sat	11:07	9.3	11:31	9.0	4:57	0.9	5:21	0.4	6:37	6:57	
24	Sun	11:45	9.3			5:35	0.6	5:54	0.4	6:35	6:58	
25	Mon	12:04	9.3	12:21	9.3	6:10	0.4	6:24	0.5	6:33	7:00	
26	Tue	12:35	9.4	12:55	9.1	6:43	0.3	6:54	0.6	6:32	7:01	
27	Wed	1:05	9.5	1:28	9.0	7:16	0.2	7:24	0.8	6:30	7:02	
28	Thu	1:34	9.5	2:03	8.7	7:50	0.2	7:57	1.0	6:28	7:03	
29	Fri	2:06	9.4	2:39	8.5	8:26	0.3	8:33	1.2	6:26	7:04	
30	Sat	2:42	9.4	3:20	8.2	9:07	0.5	9:15	1.5	6:24	7:06	
31	Sun	3:25	9.2	4:09	7.9	9:54	0.6	10:03	1.7	6:23	7:07	