



Fore River, Portland, ME - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:49	11.0			5:35	-1.2	6:00	-1.4	6:16	5:30	☀
2	Sun	12:14	10.8	12:36	10.8	6:23	-1.4	6:44	-1.3	6:15	5:31	☀
3	Mon	12:58	11.0	1:26	10.4	7:13	-1.5	7:31	-0.9	6:13	5:32	☀
4	Tue	1:46	10.9	2:20	9.8	8:05	-1.2	8:21	-0.3	6:11	5:33	☀
5	Wed	2:38	10.6	3:19	9.2	9:02	-0.8	9:17	0.3	6:09	5:35	☀
6	Thu	3:36	10.1	4:24	8.6	10:05	-0.3	10:19	0.9	6:08	5:36	☀
7	Fri	4:41	9.7	5:34	8.2	11:14	0.2	11:27	1.3	6:06	5:37	☀
8	Sat	5:51	9.3	6:48	8.0			12:28	0.4	6:04	5:38	☀
9	Sun	8:04	9.2	8:55	8.2	12:42	1.5	2:39	0.4	7:02	6:40	☀
10	Mon	9:10	9.4	9:52	8.5	2:52	1.3	3:39	0.2	7:01	6:41	☀
11	Tue	10:06	9.6	10:41	8.8	3:50	1.0	4:29	0.0	6:59	6:42	☀
12	Wed	10:54	9.7	11:24	9.1	4:41	0.6	5:13	-0.1	6:57	6:43	☀
13	Thu	11:38	9.7			5:25	0.4	5:52	-0.1	6:55	6:45	☀
14	Fri	12:03	9.3	12:18	9.6	6:06	0.2	6:27	0.1	6:54	6:46	☀
15	Sat	12:37	9.5	12:55	9.4	6:43	0.1	6:59	0.3	6:52	6:47	☀
16	Sun	1:09	9.5	1:30	9.2	7:19	0.1	7:30	0.5	6:50	6:48	☀
17	Mon	1:41	9.4	2:05	8.9	7:53	0.2	8:02	0.9	6:48	6:50	☀
18	Tue	2:13	9.3	2:42	8.5	8:29	0.4	8:36	1.2	6:46	6:51	☀
19	Wed	2:47	9.1	3:22	8.1	9:08	0.7	9:15	1.5	6:45	6:52	☀
20	Thu	3:26	8.9	4:07	7.8	9:51	1.0	9:58	1.9	6:43	6:53	☀
21	Fri	4:11	8.7	4:58	7.5	10:40	1.2	10:47	2.1	6:41	6:54	☀
22	Sat	5:04	8.5	5:55	7.3	11:35	1.4	11:43	2.2	6:39	6:56	☀
23	Sun	6:02	8.5	6:57	7.4			12:36	1.4	6:37	6:57	☀
24	Mon	7:06	8.7	7:59	7.7	12:45	2.1	1:39	1.1	6:36	6:58	☀
25	Tue	8:09	9.1	8:55	8.3	1:49	1.7	2:38	0.7	6:34	6:59	☀
26	Wed	9:07	9.6	9:44	9.1	2:50	1.1	3:29	0.1	6:32	7:00	☀
27	Thu	10:00	10.1	10:30	9.9	3:44	0.3	4:16	-0.5	6:30	7:02	☀
28	Fri	10:50	10.6	11:15	10.6	4:35	-0.5	5:01	-1.0	6:28	7:03	☀
29	Sat	11:39	10.8			5:25	-1.2	5:47	-1.2	6:27	7:04	☀
30	Sun	12:00	11.2	12:29	10.9	6:14	-1.7	6:33	-1.2	6:25	7:05	☀
31	Mon	12:46	11.5	1:19	10.7	7:04	-1.9	7:20	-1.0	6:23	7:06	☀