

































Fore River, Portland, ME - May 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:04	11.3	2:52	9.6	8:34	-1.3	8:45	0.4	5:32	7:43	
2	Fri	3:00	10.7	3:53	9.1	9:32	-0.7	9:44	0.9	5:31	7:44	
3	Sat	4:02	10.1	4:56	8.8	10:34	-0.2	10:49	1.3	5:29	7:46	
4	Sun	5:07	9.6	6:00	8.6	11:38	0.3	11:57	1.6	5:28	7:47	
5	Mon	6:14	9.2	7:03	8.6			12:41	0.7	5:27	7:48	
6	Tue	7:19	8.9	8:01	8.7	1:06	1.6	1:42	0.9	5:25	7:49	
7	Wed	8:21	8.7	8:53	9.0	2:11	1.5	2:37	1.0	5:24	7:50	
8	Thu	9:15	8.7	9:39	9.2	3:07	1.2	3:25	1.0	5:23	7:51	
9	Fri	10:04	8.7	10:19	9.5	3:56	0.8	4:06	1.1	5:22	7:53	
10	Sat	10:48	8.7	10:56	9.6	4:39	0.6	4:44	1.2	5:20	7:54	
11	Sun	11:29	8.7	11:31	9.7	5:18	0.4	5:20	1.3	5:19	7:55	
12	Mon			12:08	8.6	5:55	0.3	5:54	1.4	5:18	7:56	
13	Tue	12:06	9.7	12:45	8.6	6:30	0.2	6:29	1.5	5:17	7:57	
14	Wed	12:40	9.7	1:22	8.4	7:05	0.3	7:04	1.6	5:16	7:58	
15	Thu	1:15	9.6	1:58	8.3	7:41	0.3	7:41	1.7	5:15	7:59	
16	Fri	1:51	9.5	2:37	8.2	8:19	0.4	8:21	1.8	5:14	8:00	
17	Sat	2:31	9.5	3:19	8.1	9:01	0.5	9:05	1.8	5:13	8:01	
18	Sun	3:16	9.4	4:06	8.2	9:47	0.6	9:55	1.8	5:12	8:02	
19	Mon	4:06	9.3	4:57	8.3	10:36	0.6	10:50	1.7	5:11	8:03	
20	Tue	5:01	9.3	5:49	8.7	11:28	0.5	11:49	1.4	5:10	8:04	
21	Wed	6:00	9.2	6:43	9.1			12:21	0.5	5:09	8:05	
22	Thu	7:01	9.3	7:38	9.7	12:50	1.0	1:16	0.3	5:08	8:06	
23	Fri	8:04	9.4	8:32	10.3	1:53	0.4	2:12	0.2	5:07	8:07	
24	Sat	9:05	9.6	9:25	10.9	2:53	-0.2	3:07	0.0	5:07	8:08	
25	Sun	10:02	9.8	10:17	11.4	3:50	-0.9	4:00	-0.2	5:06	8:09	
26	Mon	10:58	9.9	11:09	11.6	4:44	-1.4	4:53	-0.2	5:05	8:10	
27	Tue	11:54	10.0			5:38	-1.6	5:46	-0.2	5:05	8:11	
28	Wed	12:02	11.7	12:49	9.9	6:32	-1.7	6:39	0.0	5:04	8:12	
29	Thu	12:55	11.5	1:43	9.7	7:26	-1.5	7:33	0.3	5:03	8:13	
30	Fri	1:49	11.1	2:38	9.4	8:20	-1.1	8:29	0.6	5:03	8:14	
31	Sat	2:45	10.7	3:35	9.2	9:15	-0.6	9:27	1.0	5:02	8:15	