

































Fore River, Portland, ME - Oct 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:45	7.5	6:53	8.7	12:24	1.7	12:31	2.3	6:39	6:22	
2	Thu	7:44	7.8	7:53	9.0	1:24	1.4	1:32	2.0	6:40	6:20	
3	Fri	8:36	8.3	8:48	9.4	2:19	1.0	2:30	1.5	6:41	6:18	
4	Sat	9:23	9.0	9:38	9.9	3:08	0.5	3:23	0.7	6:42	6:16	
5	Sun	10:07	9.7	10:26	10.3	3:53	0.0	4:12	0.0	6:43	6:14	
6	Mon	10:49	10.4	11:13	10.6	4:36	-0.4	4:59	-0.7	6:45	6:13	
7	Tue	11:33	11.0			5:20	-0.7	5:47	-1.3	6:46	6:11	
8	Wed	12:02	10.7	12:18	11.4	6:05	-0.8	6:36	-1.6	6:47	6:09	
9	Thu	12:51	10.6	1:04	11.5	6:51	-0.7	7:27	-1.6	6:48	6:07	
10	Fri	1:42	10.3	1:54	11.4	7:40	-0.4	8:19	-1.3	6:49	6:06	
11	Sat	2:35	9.9	2:47	11.0	8:32	0.0	9:16	-0.9	6:51	6:04	
12	Sun	3:35	9.4	3:47	10.5	9:29	0.6	10:19	-0.3	6:52	6:02	
13	Mon	4:40	8.9	4:54	10.0	10:33	1.0	11:27	0.1	6:53	6:01	
14	Tue	5:48	8.6	6:04	9.6	11:42	1.3			6:54	5:59	
15	Wed	6:57	8.6	7:14	9.5	12:36	0.4	12:54	1.4	6:55	5:57	
16	Thu	8:02	8.7	8:20	9.4	1:43	0.5	2:04	1.3	6:57	5:56	
17	Fri	8:59	9.0	9:18	9.5	2:44	0.5	3:05	0.9	6:58	5:54	
18	Sat	9:48	9.3	10:08	9.5	3:35	0.4	3:57	0.6	6:59	5:52	
19	Sun	10:30	9.6	10:53	9.4	4:19	0.5	4:42	0.3	7:00	5:51	
20	Mon	11:09	9.7	11:34	9.3	4:58	0.6	5:24	0.2	7:02	5:49	
21	Tue	11:45	9.8			5:34	0.7	6:02	0.1	7:03	5:48	
22	Wed	12:14	9.1	12:19	9.8	6:08	1.0	6:38	0.2	7:04	5:46	
23	Thu	12:51	8.9	12:52	9.7	6:42	1.2	7:13	0.3	7:05	5:44	
24	Fri	1:27	8.7	1:26	9.5	7:16	1.4	7:49	0.5	7:07	5:43	
25	Sat	2:05	8.4	2:01	9.3	7:52	1.7	8:27	0.8	7:08	5:41	
26	Sun	2:44	8.1	2:41	9.1	8:31	1.9	9:10	1.0	7:09	5:40	
27	Mon	3:28	7.8	3:26	8.9	9:14	2.1	9:57	1.2	7:11	5:38	
28	Tue	4:17	7.7	4:18	8.7	10:04	2.3	10:49	1.3	7:12	5:37	
29	Wed	5:11	7.6	5:14	8.7	10:58	2.3	11:43	1.3	7:13	5:36	
30	Thu	6:06	7.8	6:13	8.8	11:56	2.1			7:14	5:34	
31	Fri	7:00	8.2	7:12	9.0	12:38	1.1	12:57	1.7	7:16	5:33	