
































## Fore River, Portland, ME - Nov 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:53	8.8	8:11	9.3	1:33	0.8	1:57	1.1	7:17	5:31	
2	Sun	7:43	9.5	8:06	9.7	1:25	0.4	1:53	0.3	6:18	4:30	
3	Mon	8:30	10.3	8:58	10.0	2:14	0.0	2:45	-0.5	6:20	4:29	
4	Tue	9:16	11.0	9:49	10.3	3:02	-0.4	3:36	-1.2	6:21	4:28	
5	Wed	10:03	11.5	10:41	10.4	3:49	-0.6	4:26	-1.7	6:22	4:26	
6	Thu	10:52	11.7	11:33	10.3	4:38	-0.6	5:17	-1.9	6:24	4:25	
7	Fri	11:42	11.7			5:28	-0.5	6:10	-1.8	6:25	4:24	
8	Sat	12:26	10.1	12:35	11.5	6:20	-0.3	7:04	-1.5	6:26	4:23	
9	Sun	1:21	9.7	1:31	11.0	7:14	0.1	8:01	-1.0	6:27	4:22	
10	Mon	2:21	9.3	2:32	10.5	8:13	0.6	9:03	-0.4	6:29	4:20	
11	Tue	3:25	9.0	3:38	9.9	9:18	1.0	10:08	0.1	6:30	4:19	
12	Wed	4:30	8.8	4:45	9.5	10:27	1.3	11:12	0.4	6:31	4:18	
13	Thu	5:33	8.8	5:51	9.1	11:36	1.4			6:33	4:17	
14	Fri	6:34	8.9	6:55	8.9	12:14	0.7	12:43	1.2	6:34	4:16	
15	Sat	7:29	9.1	7:53	8.9	1:11	0.8	1:43	1.0	6:35	4:15	
16	Sun	8:17	9.4	8:44	8.8	2:02	0.9	2:35	0.7	6:37	4:14	
17	Mon	9:00	9.6	9:30	8.8	2:47	1.0	3:21	0.4	6:38	4:14	
18	Tue	9:38	9.7	10:12	8.7	3:27	1.1	4:02	0.2	6:39	4:13	
19	Wed	10:15	9.7	10:52	8.6	4:04	1.2	4:40	0.2	6:40	4:12	
20	Thu	10:51	9.7	11:30	8.5	4:40	1.3	5:16	0.2	6:42	4:11	
21	Fri	11:26	9.6			5:15	1.5	5:52	0.3	6:43	4:10	
22	Sat	12:07	8.4	12:01	9.5	5:50	1.6	6:27	0.4	6:44	4:10	
23	Sun	12:44	8.2	12:38	9.4	6:27	1.7	7:05	0.5	6:45	4:09	
24	Mon	1:22	8.1	1:16	9.3	7:05	1.8	7:45	0.7	6:47	4:08	
25	Tue	2:03	8.0	1:59	9.1	7:48	1.9	8:29	0.8	6:48	4:08	
26	Wed	2:48	8.0	2:47	9.0	8:35	1.9	9:16	0.8	6:49	4:07	
27	Thu	3:36	8.1	3:40	8.9	9:28	1.8	10:05	0.8	6:50	4:07	
28	Fri	4:27	8.4	4:36	8.9	10:25	1.6	10:56	0.7	6:51	4:06	
29	Sat	5:18	8.8	5:35	8.9	11:24	1.2	11:49	0.6	6:52	4:06	
30	Sun	6:11	9.3	6:36	9.1			12:25	0.7	6:53	4:05	