

































Fore River, Portland, ME - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:04	10.0	7:37	9.3	12:44	0.4	1:25	0.0	6:55	4:05	
2	Tue	7:57	10.6	8:34	9.5	1:39	0.1	2:22	-0.7	6:56	4:05	
3	Wed	8:48	11.1	9:29	9.8	2:32	-0.1	3:16	-1.3	6:57	4:05	
4	Thu	9:40	11.5	10:24	9.9	3:25	-0.3	4:09	-1.7	6:58	4:04	
5	Fri	10:33	11.7	11:18	9.9	4:17	-0.4	5:03	-1.9	6:59	4:04	
6	Sat	11:27	11.7			5:10	-0.4	5:56	-1.8	7:00	4:04	
7	Sun	12:12	9.8	12:21	11.4	6:04	-0.2	6:50	-1.5	7:01	4:04	
8	Mon	1:07	9.6	1:16	11.0	6:59	0.1	7:45	-1.0	7:02	4:04	
9	Tue	2:03	9.4	2:13	10.4	7:56	0.4	8:42	-0.5	7:03	4:04	
10	Wed	3:02	9.1	3:14	9.8	8:58	0.8	9:39	0.0	7:03	4:04	
11	Thu	4:01	9.0	4:16	9.2	10:02	1.1	10:36	0.5	7:04	4:04	
12	Fri	4:58	8.9	5:18	8.7	11:06	1.2	11:33	0.9	7:05	4:04	
13	Sat	5:54	8.9	6:20	8.3			12:10	1.2	7:06	4:04	
14	Sun	6:49	9.0	7:20	8.2	12:29	1.2	1:12	1.1	7:07	4:04	
15	Mon	7:39	9.1	8:15	8.1	1:22	1.4	2:07	0.9	7:07	4:05	
16	Tue	8:25	9.2	9:04	8.1	2:11	1.5	2:55	0.6	7:08	4:05	
17	Wed	9:08	9.3	9:48	8.2	2:56	1.6	3:38	0.4	7:09	4:05	
18	Thu	9:48	9.4	10:30	8.2	3:36	1.6	4:18	0.3	7:09	4:06	
19	Fri	10:27	9.5	11:10	8.3	4:15	1.5	4:56	0.2	7:10	4:06	
20	Sat	11:05	9.6	11:47	8.3	4:52	1.5	5:33	0.2	7:11	4:06	
21	Sun	11:42	9.6			5:29	1.4	6:08	0.2	7:11	4:07	
22	Mon	12:24	8.3	12:19	9.6	6:06	1.4	6:44	0.1	7:11	4:07	
23	Tue	1:00	8.3	12:56	9.6	6:44	1.3	7:21	0.1	7:12	4:08	
24	Wed	1:38	8.4	1:36	9.5	7:26	1.3	8:01	0.2	7:12	4:09	
25	Thu	2:18	8.5	2:21	9.3	8:11	1.2	8:44	0.2	7:13	4:09	
26	Fri	3:02	8.7	3:11	9.1	9:02	1.1	9:30	0.3	7:13	4:10	
27	Sat	3:49	9.0	4:05	8.9	9:56	0.9	10:19	0.4	7:13	4:11	
28	Sun	4:40	9.3	5:04	8.8	10:55	0.7	11:12	0.5	7:14	4:11	
29	Mon	5:34	9.7	6:08	8.7	11:56	0.3			7:14	4:12	
30	Tue	6:31	10.1	7:13	8.8	12:10	0.5	1:00	-0.1	7:14	4:13	
31	Wed	7:31	10.5	8:15	8.8	1:10	0.4	2:03	-0.6	7:14	4:14	