

































Fore River, Portland, ME - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:01	9.1	5:49	-0.2	5:53	0.9	5:33	7:43	
2	Sat	12:04	10.0	12:41	8.9	6:27	-0.2	6:30	1.1	5:31	7:44	
3	Sun	12:40	9.9	1:19	8.7	7:04	0.0	7:05	1.3	5:30	7:45	
4	Mon	1:15	9.7	1:56	8.5	7:41	0.2	7:42	1.5	5:28	7:46	
5	Tue	1:52	9.5	2:35	8.3	8:18	0.4	8:20	1.8	5:27	7:48	
6	Wed	2:30	9.3	3:17	8.1	8:59	0.7	9:02	2.0	5:26	7:49	
7	Thu	3:13	9.1	4:03	7.9	9:42	0.9	9:48	2.1	5:24	7:50	
8	Fri	4:00	8.9	4:52	7.9	10:29	1.1	10:39	2.2	5:23	7:51	
9	Sat	4:52	8.7	5:42	8.0	11:18	1.2	11:33	2.1	5:22	7:52	
10	Sun	5:45	8.7	6:32	8.3			12:08	1.1	5:21	7:53	
11	Mon	6:42	8.7	7:23	8.7	12:30	1.9	12:59	1.0	5:20	7:54	
12	Tue	7:39	8.8	8:12	9.3	1:28	1.4	1:51	0.8	5:18	7:56	
13	Wed	8:36	9.1	9:00	9.9	2:25	0.8	2:42	0.6	5:17	7:57	
14	Thu	9:30	9.3	9:47	10.6	3:19	0.1	3:31	0.3	5:16	7:58	
15	Fri	10:22	9.6	10:34	11.1	4:10	-0.6	4:20	0.0	5:15	7:59	
16	Sat	11:14	9.8	11:24	11.5	5:01	-1.2	5:09	-0.2	5:14	8:00	
17	Sun			12:07	9.9	5:52	-1.6	6:00	-0.2	5:13	8:01	
18	Mon	12:15	11.6	1:01	9.9	6:44	-1.7	6:53	-0.1	5:12	8:02	
19	Tue	1:08	11.6	1:55	9.8	7:38	-1.6	7:47	0.1	5:11	8:03	
20	Wed	2:03	11.3	2:53	9.6	8:33	-1.3	8:45	0.4	5:10	8:04	
21	Thu	3:01	10.9	3:53	9.4	9:32	-0.8	9:47	0.7	5:09	8:05	
22	Fri	4:04	10.4	4:56	9.3	10:33	-0.4	10:53	0.9	5:09	8:06	
23	Sat	5:10	9.9	5:58	9.2	11:35	0.0			5:08	8:07	
24	Sun	6:15	9.4	6:58	9.3	12:00	1.1	12:35	0.4	5:07	8:08	
25	Mon	7:20	9.1	7:55	9.5	1:08	1.1	1:34	0.7	5:06	8:09	
26	Tue	8:22	8.9	8:48	9.6	2:12	0.9	2:30	0.9	5:05	8:10	
27	Wed	9:19	8.7	9:35	9.8	3:10	0.6	3:20	1.1	5:05	8:11	
28	Thu	10:10	8.7	10:19	9.8	4:00	0.4	4:05	1.2	5:04	8:12	
29	Fri	10:56	8.6	10:59	9.9	4:46	0.2	4:47	1.4	5:03	8:13	
30	Sat	11:39	8.6	11:38	9.8	5:28	0.2	5:26	1.5	5:03	8:14	
31	Sun			12:20	8.5	6:07	0.2	6:04	1.6	5:02	8:14	