

































## Fore River, Portland, ME - Jun 2026

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Mon | 12:16 | 9.8  | 12:59 | 8.5  | 6:44  | 0.2  | 6:41  | 1.6  | 5:02  | 8:15 |    |
| 2    | Tue | 12:53 | 9.7  | 1:37  | 8.4  | 7:21  | 0.3  | 7:18  | 1.7  | 5:01  | 8:16 |    |
| 3    | Wed | 1:30  | 9.6  | 2:14  | 8.3  | 7:57  | 0.4  | 7:56  | 1.8  | 5:01  | 8:17 |    |
| 4    | Thu | 2:08  | 9.5  | 2:53  | 8.3  | 8:35  | 0.5  | 8:37  | 1.8  | 5:00  | 8:18 |    |
| 5    | Fri | 2:47  | 9.4  | 3:34  | 8.3  | 9:14  | 0.6  | 9:21  | 1.9  | 5:00  | 8:18 |    |
| 6    | Sat | 3:30  | 9.2  | 4:17  | 8.4  | 9:56  | 0.7  | 10:08 | 1.8  | 5:00  | 8:19 |    |
| 7    | Sun | 4:17  | 9.1  | 5:01  | 8.6  | 10:40 | 0.7  | 10:59 | 1.7  | 5:00  | 8:20 |    |
| 8    | Mon | 5:08  | 8.9  | 5:47  | 8.9  | 11:25 | 0.7  | 11:53 | 1.4  | 4:59  | 8:20 |    |
| 9    | Tue | 6:01  | 8.8  | 6:36  | 9.4  |       |      | 12:14 | 0.8  | 4:59  | 8:21 |    |
| 10   | Wed | 6:59  | 8.8  | 7:27  | 9.8  | 12:50 | 1.0  | 1:06  | 0.7  | 4:59  | 8:22 |    |
| 11   | Thu | 7:59  | 8.9  | 8:20  | 10.3 | 1:49  | 0.5  | 2:01  | 0.6  | 4:59  | 8:22 |    |
| 12   | Fri | 8:59  | 9.0  | 9:14  | 10.8 | 2:48  | -0.1 | 2:56  | 0.5  | 4:59  | 8:23 |   |
| 13   | Sat | 9:57  | 9.3  | 10:08 | 11.2 | 3:45  | -0.7 | 3:51  | 0.3  | 4:59  | 8:23 |  |
| 14   | Sun | 10:54 | 9.5  | 11:03 | 11.5 | 4:40  | -1.1 | 4:46  | 0.1  | 4:58  | 8:24 |  |
| 15   | Mon | 11:51 | 9.7  | 11:59 | 11.7 | 5:35  | -1.4 | 5:41  | 0.0  | 4:58  | 8:24 |  |
| 16   | Tue |       |      | 12:47 | 9.8  | 6:31  | -1.6 | 6:38  | -0.1 | 4:59  | 8:24 |  |
| 17   | Wed | 12:55 | 11.6 | 1:43  | 9.8  | 7:25  | -1.5 | 7:34  | 0.0  | 4:59  | 8:25 |  |
| 18   | Thu | 1:51  | 11.4 | 2:38  | 9.8  | 8:20  | -1.3 | 8:32  | 0.2  | 4:59  | 8:25 |  |
| 19   | Fri | 2:48  | 10.9 | 3:35  | 9.7  | 9:15  | -0.9 | 9:32  | 0.5  | 4:59  | 8:25 |  |
| 20   | Sat | 3:47  | 10.4 | 4:33  | 9.7  | 10:11 | -0.5 | 10:34 | 0.7  | 4:59  | 8:26 |  |
| 21   | Sun | 4:48  | 9.8  | 5:29  | 9.6  | 11:06 | 0.0  | 11:37 | 0.9  | 4:59  | 8:26 |  |
| 22   | Mon | 5:49  | 9.2  | 6:24  | 9.5  |       |      | 12:01 | 0.5  | 4:59  | 8:26 |  |
| 23   | Tue | 6:49  | 8.7  | 7:18  | 9.5  | 12:40 | 1.0  | 12:56 | 1.0  | 5:00  | 8:26 |  |
| 24   | Wed | 7:51  | 8.4  | 8:11  | 9.5  | 1:42  | 1.0  | 1:51  | 1.4  | 5:00  | 8:26 |  |
| 25   | Thu | 8:49  | 8.2  | 9:02  | 9.5  | 2:41  | 0.9  | 2:44  | 1.6  | 5:00  | 8:26 |  |
| 26   | Fri | 9:42  | 8.2  | 9:48  | 9.5  | 3:34  | 0.7  | 3:34  | 1.7  | 5:01  | 8:26 |  |
| 27   | Sat | 10:31 | 8.2  | 10:32 | 9.6  | 4:21  | 0.6  | 4:18  | 1.8  | 5:01  | 8:26 |  |
| 28   | Sun | 11:15 | 8.2  | 11:14 | 9.7  | 5:05  | 0.5  | 5:00  | 1.7  | 5:02  | 8:26 |  |
| 29   | Mon | 11:57 | 8.3  | 11:54 | 9.7  | 5:46  | 0.4  | 5:40  | 1.7  | 5:02  | 8:26 |  |
| 30   | Tue |       |      | 12:37 | 8.3  | 6:24  | 0.4  | 6:18  | 1.6  | 5:03  | 8:26 |  |