
































Fore River, Portland, ME - Sep 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:14	9.7	2:32	10.2	8:20	0.1	8:50	-0.1	6:05	7:17	
2	Wed	3:00	9.4	3:17	10.2	9:04	0.3	9:41	0.0	6:06	7:15	
3	Thu	3:52	9.0	4:09	10.1	9:53	0.6	10:37	0.2	6:07	7:13	
4	Fri	4:50	8.7	5:08	10.0	10:49	0.9	11:40	0.3	6:08	7:11	
5	Sat	5:55	8.4	6:14	9.9	11:51	1.1			6:09	7:09	
6	Sun	7:05	8.3	7:24	9.9	12:48	0.4	12:59	1.2	6:10	7:08	
7	Mon	8:16	8.5	8:34	10.2	1:59	0.3	2:10	1.0	6:11	7:06	
8	Tue	9:19	8.9	9:36	10.4	3:05	0.0	3:16	0.6	6:12	7:04	
9	Wed	10:15	9.4	10:32	10.7	4:02	-0.4	4:14	0.2	6:14	7:02	
10	Thu	11:06	9.9	11:24	10.7	4:53	-0.6	5:08	-0.2	6:15	7:00	
11	Fri	11:53	10.2			5:40	-0.7	5:58	-0.5	6:16	6:59	
12	Sat	12:13	10.6	12:37	10.3	6:24	-0.5	6:46	-0.5	6:17	6:57	
13	Sun	1:00	10.3	1:19	10.3	7:06	-0.2	7:31	-0.4	6:18	6:55	
14	Mon	1:45	9.8	2:00	10.1	7:47	0.2	8:16	-0.1	6:19	6:53	
15	Tue	2:30	9.3	2:41	9.8	8:28	0.7	9:02	0.3	6:20	6:51	
16	Wed	3:16	8.8	3:26	9.4	9:11	1.3	9:51	0.8	6:21	6:49	
17	Thu	4:06	8.3	4:15	9.0	9:58	1.7	10:43	1.2	6:23	6:48	
18	Fri	5:01	7.9	5:09	8.7	10:50	2.1	11:40	1.5	6:24	6:46	
19	Sat	5:58	7.6	6:07	8.5	11:46	2.4			6:25	6:44	
20	Sun	6:58	7.5	7:08	8.5	12:41	1.7	12:46	2.4	6:26	6:42	
21	Mon	7:57	7.6	8:06	8.7	1:42	1.6	1:47	2.3	6:27	6:40	
22	Tue	8:49	8.0	8:58	9.0	2:37	1.4	2:43	1.9	6:28	6:38	
23	Wed	9:35	8.4	9:44	9.3	3:23	1.0	3:30	1.4	6:29	6:37	
24	Thu	10:14	8.9	10:26	9.6	4:02	0.7	4:12	0.9	6:30	6:35	
25	Fri	10:51	9.4	11:06	9.8	4:38	0.4	4:53	0.4	6:32	6:33	
26	Sat	11:27	9.8	11:46	10.0	5:14	0.1	5:33	-0.1	6:33	6:31	
27	Sun			12:03	10.2	5:50	-0.1	6:14	-0.5	6:34	6:29	
28	Mon	12:27	10.0	12:41	10.5	6:29	-0.1	6:57	-0.7	6:35	6:27	
29	Tue	1:09	9.9	1:21	10.7	7:10	-0.1	7:42	-0.8	6:36	6:26	
30	Wed	1:54	9.7	2:05	10.7	7:53	0.1	8:30	-0.6	6:37	6:24	