

































## Fore River, Portland, ME - Oct 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:43	9.4	2:55	10.5	8:42	0.4	9:24	-0.4	6:38	6:22	
2	Fri	3:39	9.0	3:52	10.2	9:36	0.8	10:24	0.0	6:40	6:20	
3	Sat	4:42	8.7	4:57	9.9	10:37	1.1	11:30	0.3	6:41	6:18	
4	Sun	5:50	8.5	6:07	9.8	11:44	1.3			6:42	6:17	
5	Mon	7:00	8.5	7:19	9.7	12:39	0.4	12:56	1.2	6:43	6:15	
6	Tue	8:08	8.8	8:27	9.8	1:49	0.3	2:07	1.0	6:44	6:13	
7	Wed	9:07	9.3	9:27	10.0	2:51	0.1	3:11	0.5	6:45	6:11	
8	Thu	9:59	9.8	10:20	10.1	3:44	-0.1	4:06	0.0	6:47	6:10	
9	Fri	10:45	10.1	11:10	10.1	4:32	-0.2	4:56	-0.3	6:48	6:08	
10	Sat	11:29	10.3	11:56	9.9	5:16	-0.1	5:43	-0.5	6:49	6:06	
11	Sun			12:09	10.4	5:57	0.1	6:26	-0.5	6:50	6:04	
12	Mon	12:40	9.7	12:48	10.2	6:37	0.4	7:08	-0.3	6:51	6:03	
13	Tue	1:22	9.3	1:26	10.0	7:16	0.8	7:49	0.0	6:53	6:01	
14	Wed	2:03	8.9	2:05	9.7	7:55	1.2	8:31	0.4	6:54	5:59	
15	Thu	2:46	8.5	2:47	9.3	8:36	1.6	9:15	0.8	6:55	5:58	
16	Fri	3:33	8.1	3:34	9.0	9:21	2.0	10:05	1.2	6:56	5:56	
17	Sat	4:24	7.8	4:27	8.7	10:11	2.2	10:58	1.5	6:58	5:54	
18	Sun	5:19	7.6	5:24	8.5	11:06	2.4	11:54	1.6	6:59	5:53	
19	Mon	6:15	7.6	6:22	8.5			12:03	2.4	7:00	5:51	
20	Tue	7:11	7.8	7:19	8.6	12:49	1.6	1:03	2.2	7:01	5:49	
21	Wed	8:02	8.2	8:14	8.8	1:42	1.4	1:59	1.8	7:03	5:48	
22	Thu	8:48	8.7	9:03	9.1	2:30	1.1	2:51	1.3	7:04	5:46	
23	Fri	9:29	9.3	9:49	9.4	3:13	0.8	3:37	0.6	7:05	5:45	
24	Sat	10:08	9.9	10:32	9.6	3:53	0.4	4:20	0.0	7:06	5:43	
25	Sun	10:47	10.4	11:17	9.8	4:33	0.2	5:04	-0.6	7:08	5:42	
26	Mon	11:27	10.8			5:15	0.0	5:48	-1.0	7:09	5:40	
27	Tue	12:02	9.9	12:10	11.1	5:58	-0.1	6:34	-1.2	7:10	5:39	
28	Wed	12:49	9.9	12:57	11.2	6:44	-0.1	7:23	-1.2	7:12	5:37	
29	Thu	1:38	9.7	1:46	11.1	7:33	0.1	8:15	-1.0	7:13	5:36	
30	Fri	2:31	9.4	2:40	10.8	8:25	0.4	9:11	-0.7	7:14	5:35	
31	Sat	3:29	9.1	3:41	10.4	9:23	0.7	10:13	-0.3	7:15	5:33	