

































Fore River, Portland, ME - Dec 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:23	9.2	4:41	9.5	10:25	0.8	11:01	0.2	6:54	4:05	
2	Wed	5:24	9.3	5:48	9.1	11:33	0.8			6:55	4:05	
3	Thu	6:24	9.4	6:53	8.9	12:02	0.5	12:41	0.7	6:56	4:05	
4	Fri	7:21	9.6	7:54	8.8	1:01	0.7	1:43	0.4	6:58	4:04	
5	Sat	8:12	9.8	8:48	8.7	1:56	0.9	2:38	0.2	6:59	4:04	
6	Sun	8:59	9.9	9:37	8.7	2:45	1.0	3:26	0.0	7:00	4:04	
7	Mon	9:42	9.9	10:22	8.6	3:29	1.1	4:10	-0.1	7:00	4:04	
8	Tue	10:23	9.9	11:04	8.6	4:11	1.2	4:51	-0.1	7:01	4:04	
9	Wed	11:02	9.8	11:43	8.5	4:50	1.3	5:30	0.0	7:02	4:04	
10	Thu	11:40	9.7			5:28	1.4	6:07	0.1	7:03	4:04	
11	Fri	12:21	8.4	12:17	9.6	6:05	1.4	6:44	0.3	7:04	4:04	
12	Sat	12:59	8.3	12:55	9.4	6:43	1.5	7:20	0.4	7:05	4:04	
13	Sun	1:37	8.2	1:33	9.2	7:22	1.6	7:58	0.6	7:06	4:04	
14	Mon	2:16	8.2	2:15	9.0	8:04	1.7	8:38	0.7	7:06	4:04	
15	Tue	2:58	8.2	3:00	8.8	8:51	1.7	9:21	0.8	7:07	4:05	
16	Wed	3:42	8.3	3:49	8.6	9:40	1.7	10:05	0.9	7:08	4:05	
17	Thu	4:27	8.6	4:42	8.4	10:33	1.5	10:52	1.0	7:09	4:05	
18	Fri	5:14	8.9	5:38	8.3	11:28	1.2	11:43	1.0	7:09	4:05	
19	Sat	6:04	9.3	6:37	8.4			12:26	0.7	7:10	4:06	
20	Sun	6:57	9.8	7:36	8.6	12:37	0.9	1:25	0.2	7:10	4:06	
21	Mon	7:51	10.3	8:33	8.9	1:32	0.7	2:21	-0.4	7:11	4:07	
22	Tue	8:44	10.8	9:28	9.2	2:27	0.4	3:15	-1.0	7:11	4:07	
23	Wed	9:37	11.2	10:23	9.5	3:21	0.0	4:09	-1.4	7:12	4:08	
24	Thu	10:32	11.5	11:17	9.7	4:14	-0.2	5:02	-1.7	7:12	4:08	
25	Fri	11:26	11.6			5:09	-0.4	5:55	-1.8	7:13	4:09	
26	Sat	12:11	9.8	12:21	11.5	6:04	-0.5	6:48	-1.6	7:13	4:10	
27	Sun	1:04	9.8	1:16	11.1	6:59	-0.3	7:41	-1.3	7:13	4:10	
28	Mon	1:59	9.8	2:14	10.5	7:57	-0.1	8:36	-0.9	7:13	4:11	
29	Tue	2:56	9.7	3:14	9.9	8:59	0.2	9:32	-0.3	7:14	4:12	
30	Wed	3:54	9.6	4:17	9.2	10:03	0.4	10:29	0.3	7:14	4:13	
31	Thu	4:52	9.5	5:21	8.7	11:08	0.6	11:24	0.7	7:14	4:14	