

































## Fore River, Portland, ME - Jul 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:59	9.1	7:24	10.3	12:46	0.2	1:00	0.5	5:03	8:26	
2	Sun	8:05	8.8	8:24	10.3	1:52	0.1	2:01	0.8	5:04	8:26	
3	Mon	9:08	8.8	9:21	10.4	2:56	0.0	3:01	0.9	5:05	8:26	
4	Tue	10:06	8.8	10:15	10.4	3:54	-0.1	3:57	1.0	5:05	8:25	
5	Wed	10:59	8.8	11:05	10.4	4:47	-0.2	4:48	1.0	5:06	8:25	
6	Thu	11:48	8.9	11:52	10.3	5:36	-0.3	5:37	1.0	5:07	8:25	
7	Fri			12:34	8.9	6:21	-0.2	6:22	1.0	5:07	8:24	
8	Sat	12:36	10.2	1:15	8.9	7:02	-0.1	7:04	1.1	5:08	8:24	
9	Sun	1:17	10.0	1:55	8.9	7:41	0.0	7:46	1.2	5:09	8:23	
10	Mon	1:57	9.8	2:33	8.9	8:18	0.2	8:27	1.3	5:10	8:23	
11	Tue	2:37	9.4	3:12	8.9	8:54	0.5	9:09	1.4	5:10	8:22	
12	Wed	3:18	9.1	3:52	8.9	9:32	0.8	9:54	1.5	5:11	8:22	
13	Thu	4:02	8.7	4:33	8.9	10:11	1.0	10:41	1.6	5:12	8:21	
14	Fri	4:49	8.3	5:16	8.9	10:53	1.3	11:30	1.6	5:13	8:20	
15	Sat	5:39	8.0	6:01	8.9	11:37	1.6			5:14	8:20	
16	Sun	6:32	7.8	6:51	9.0	12:22	1.6	12:26	1.8	5:15	8:19	
17	Mon	7:30	7.7	7:44	9.2	1:18	1.4	1:20	1.8	5:16	8:18	
18	Tue	8:29	7.8	8:39	9.6	2:17	1.1	2:16	1.7	5:16	8:18	
19	Wed	9:24	8.1	9:32	10.0	3:12	0.7	3:11	1.4	5:17	8:17	
20	Thu	10:16	8.5	10:23	10.5	4:04	0.2	4:04	0.9	5:18	8:16	
21	Fri	11:06	9.0	11:14	11.0	4:53	-0.4	4:56	0.5	5:19	8:15	
22	Sat	11:56	9.5			5:42	-0.8	5:48	0.0	5:20	8:14	
23	Sun	12:05	11.2	12:45	9.9	6:30	-1.2	6:40	-0.3	5:21	8:13	
24	Mon	12:56	11.4	1:33	10.3	7:17	-1.4	7:33	-0.6	5:22	8:12	
25	Tue	1:47	11.2	2:22	10.6	8:05	-1.4	8:26	-0.6	5:23	8:11	
26	Wed	2:40	10.9	3:13	10.7	8:55	-1.1	9:23	-0.6	5:24	8:10	
27	Thu	3:37	10.4	4:07	10.6	9:47	-0.7	10:22	-0.4	5:25	8:09	
28	Fri	4:36	9.8	5:04	10.5	10:41	-0.1	11:24	-0.1	5:26	8:08	
29	Sat	5:39	9.2	6:03	10.3	11:39	0.4			5:27	8:07	
30	Sun	6:44	8.8	7:05	10.0	12:29	0.2	12:40	0.9	5:29	8:06	
31	Mon	7:51	8.5	8:08	9.9	1:37	0.3	1:45	1.2	5:30	8:04	