

































## Fore River, Portland, ME - Aug 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:55	8.4	9:08	9.9	2:43	0.3	2:48	1.3	5:31	8:03	
2	Wed	9:53	8.5	10:03	10.0	3:41	0.3	3:45	1.2	5:32	8:02	
3	Thu	10:44	8.6	10:51	10.0	4:33	0.2	4:36	1.1	5:33	8:01	
4	Fri	11:29	8.8	11:36	10.0	5:19	0.1	5:21	1.0	5:34	7:59	
5	Sat			12:11	8.9	6:00	0.1	6:03	0.9	5:35	7:58	
6	Sun	12:17	9.9	12:49	9.0	6:37	0.1	6:43	0.9	5:36	7:57	
7	Mon	12:55	9.8	1:24	9.1	7:11	0.2	7:20	0.9	5:37	7:55	
8	Tue	1:31	9.6	1:58	9.1	7:44	0.4	7:57	0.9	5:38	7:54	
9	Wed	2:07	9.3	2:31	9.1	8:16	0.6	8:35	1.0	5:39	7:53	
10	Thu	2:45	9.0	3:06	9.1	8:50	0.9	9:15	1.1	5:41	7:51	
11	Fri	3:25	8.6	3:44	9.1	9:28	1.1	9:59	1.2	5:42	7:50	
12	Sat	4:09	8.3	4:27	9.0	10:09	1.4	10:47	1.3	5:43	7:48	
13	Sun	4:57	8.0	5:14	9.0	10:55	1.6	11:39	1.4	5:44	7:47	
14	Mon	5:50	7.8	6:06	9.1	11:45	1.8			5:45	7:45	
15	Tue	6:49	7.7	7:05	9.3	12:36	1.3	12:41	1.8	5:46	7:44	
16	Wed	7:52	7.9	8:06	9.6	1:38	1.1	1:42	1.6	5:47	7:42	
17	Thu	8:52	8.2	9:05	10.1	2:39	0.6	2:43	1.1	5:48	7:41	
18	Fri	9:47	8.8	10:00	10.7	3:35	0.0	3:41	0.5	5:50	7:39	
19	Sat	10:39	9.5	10:53	11.1	4:26	-0.6	4:35	-0.1	5:51	7:38	
20	Sun	11:29	10.1	11:46	11.4	5:16	-1.1	5:29	-0.7	5:52	7:36	
21	Mon			12:18	10.7	6:04	-1.4	6:22	-1.1	5:53	7:34	
22	Tue	12:38	11.4	1:07	11.0	6:52	-1.5	7:14	-1.3	5:54	7:33	
23	Wed	1:30	11.2	1:56	11.2	7:40	-1.4	8:08	-1.3	5:55	7:31	
24	Thu	2:23	10.8	2:47	11.1	8:30	-1.0	9:03	-1.0	5:56	7:29	
25	Fri	3:18	10.2	3:41	10.8	9:22	-0.4	10:02	-0.6	5:57	7:28	
26	Sat	4:18	9.6	4:39	10.4	10:18	0.2	11:04	-0.1	5:59	7:26	
27	Sun	5:21	9.0	5:41	10.0	11:18	0.8			6:00	7:24	
28	Mon	6:27	8.6	6:45	9.7	12:10	0.3	12:22	1.2	6:01	7:23	
29	Tue	7:34	8.3	7:51	9.5	1:19	0.6	1:29	1.5	6:02	7:21	
30	Wed	8:37	8.3	8:52	9.5	2:25	0.7	2:34	1.5	6:03	7:19	
31	Thu	9:33	8.5	9:46	9.6	3:22	0.6	3:30	1.3	6:04	7:17	