

































Fore River, Portland, ME - Dec 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:08	9.8	10:48	8.6	3:53	1.2	4:33	0.0	6:55	4:05	
2	Sat	10:46	10.0	11:27	8.7	4:32	1.1	5:12	-0.2	6:56	4:05	
3	Sun	11:26	10.2			5:12	1.0	5:52	-0.3	6:57	4:04	
4	Mon	12:08	8.7	12:07	10.2	5:54	0.9	6:34	-0.4	6:58	4:04	
5	Tue	12:49	8.8	12:51	10.2	6:39	0.8	7:18	-0.4	6:59	4:04	
6	Wed	1:34	8.9	1:39	10.1	7:27	0.8	8:06	-0.4	7:00	4:04	
7	Thu	2:23	9.0	2:32	9.9	8:20	0.7	8:57	-0.2	7:01	4:04	
8	Fri	3:17	9.2	3:31	9.6	9:18	0.7	9:51	-0.1	7:02	4:04	
9	Sat	4:13	9.4	4:33	9.4	10:20	0.6	10:47	0.1	7:03	4:04	
10	Sun	5:11	9.7	5:38	9.2	11:24	0.4	11:46	0.2	7:04	4:04	
11	Mon	6:10	10.0	6:45	9.1			12:31	0.1	7:05	4:04	
12	Tue	7:09	10.3	7:49	9.1	12:47	0.3	1:35	-0.3	7:05	4:04	
13	Wed	8:06	10.6	8:49	9.3	1:47	0.3	2:35	-0.8	7:06	4:04	
14	Thu	9:00	10.9	9:44	9.4	2:43	0.2	3:30	-1.0	7:07	4:04	
15	Fri	9:52	11.0	10:36	9.4	3:36	0.1	4:21	-1.2	7:08	4:05	
16	Sat	10:43	11.0	11:26	9.4	4:27	0.1	5:11	-1.2	7:08	4:05	
17	Sun	11:31	10.8			5:16	0.2	5:58	-1.0	7:09	4:05	
18	Mon	12:13	9.3	12:18	10.5	6:04	0.4	6:44	-0.7	7:10	4:06	
19	Tue	12:58	9.1	1:03	10.1	6:50	0.6	7:27	-0.3	7:10	4:06	
20	Wed	1:43	8.9	1:49	9.7	7:37	0.9	8:11	0.1	7:11	4:07	
21	Thu	2:29	8.8	2:36	9.1	8:25	1.2	8:56	0.5	7:11	4:07	
22	Fri	3:16	8.6	3:26	8.6	9:16	1.4	9:41	0.9	7:12	4:08	
23	Sat	4:03	8.6	4:19	8.2	10:09	1.6	10:27	1.3	7:12	4:08	
24	Sun	4:51	8.5	5:13	7.9	11:04	1.6	11:15	1.6	7:12	4:09	
25	Mon	5:40	8.5	6:11	7.7			12:01	1.6	7:13	4:09	
26	Tue	6:31	8.6	7:09	7.6	12:06	1.8	12:59	1.4	7:13	4:10	
27	Wed	7:22	8.8	8:03	7.7	12:59	1.9	1:52	1.1	7:13	4:11	
28	Thu	8:10	9.1	8:52	7.9	1:50	1.7	2:40	0.7	7:14	4:12	
29	Fri	8:56	9.5	9:38	8.2	2:38	1.5	3:25	0.3	7:14	4:12	
30	Sat	9:39	9.8	10:21	8.5	3:22	1.2	4:07	-0.1	7:14	4:13	
31	Sun	10:22	10.2			4:06	0.9	4:49	-0.5	7:14	4:14	