



Fore River, Portland, ME - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:06	10.6	11:45	9.3	4:50	0.4	5:31	-0.9	7:14	4:15	☉
2	Tue	11:50	10.8			5:35	0.1	6:13	-1.1	7:14	4:16	☉
3	Wed	12:28	9.5	12:36	10.8	6:22	-0.1	6:57	-1.2	7:14	4:17	☉
4	Thu	1:12	9.8	1:24	10.6	7:11	-0.3	7:43	-1.1	7:14	4:18	☾
5	Fri	2:00	9.9	2:15	10.2	8:03	-0.3	8:32	-0.8	7:14	4:19	☾
6	Sat	2:51	10.0	3:12	9.8	9:00	-0.2	9:25	-0.5	7:14	4:20	☾
7	Sun	3:46	10.0	4:14	9.3	10:00	-0.1	10:21	0.0	7:14	4:21	☾
8	Mon	4:44	10.0	5:19	8.9	11:04	0.0	11:21	0.3	7:13	4:22	☾
9	Tue	5:45	10.0	6:28	8.6			12:12	0.0	7:13	4:23	☾
10	Wed	6:50	10.0	7:36	8.6	12:25	0.6	1:21	-0.1	7:13	4:24	☾
11	Thu	7:52	10.1	8:38	8.7	1:31	0.7	2:24	-0.3	7:12	4:25	☾
12	Fri	8:50	10.3	9:34	8.9	2:31	0.6	3:21	-0.6	7:12	4:26	☾
13	Sat	9:43	10.4	10:25	9.0	3:26	0.5	4:12	-0.7	7:12	4:27	☾
14	Sun	10:33	10.4	11:12	9.1	4:17	0.4	4:58	-0.7	7:11	4:29	☾
15	Mon	11:18	10.3	11:54	9.2	5:04	0.3	5:41	-0.7	7:11	4:30	☾
16	Tue			12:01	10.1	5:48	0.3	6:21	-0.5	7:10	4:31	☾
17	Wed	12:34	9.2	12:41	9.8	6:30	0.4	6:59	-0.2	7:09	4:32	☾
18	Thu	1:13	9.1	1:21	9.5	7:11	0.6	7:35	0.1	7:09	4:34	☾
19	Fri	1:51	9.0	2:02	9.0	7:53	0.8	8:13	0.5	7:08	4:35	☾
20	Sat	2:30	8.9	2:46	8.5	8:36	1.0	8:53	0.9	7:07	4:36	☾
21	Sun	3:12	8.7	3:34	8.1	9:23	1.2	9:36	1.3	7:07	4:37	☾
22	Mon	3:57	8.6	4:25	7.7	10:14	1.4	10:22	1.6	7:06	4:39	☾
23	Tue	4:45	8.5	5:21	7.5	11:08	1.5	11:13	1.8	7:05	4:40	☾
24	Wed	5:38	8.5	6:21	7.4			12:06	1.4	7:04	4:41	☾
25	Thu	6:35	8.7	7:22	7.5	12:09	1.9	1:07	1.2	7:03	4:43	☾
26	Fri	7:31	9.0	8:16	7.8	1:07	1.8	2:03	0.8	7:03	4:44	☾
27	Sat	8:23	9.5	9:05	8.2	2:02	1.4	2:52	0.2	7:02	4:45	☉
28	Sun	9:12	10.0	9:51	8.8	2:53	0.9	3:38	-0.3	7:01	4:47	☉
29	Mon	9:59	10.5	10:35	9.3	3:41	0.3	4:22	-0.9	7:00	4:48	☉
30	Tue	10:45	10.9	11:19	9.8	4:28	-0.2	5:06	-1.3	6:59	4:49	☉
31	Wed	11:32	11.1			5:16	-0.7	5:49	-1.6	6:58	4:51	☉