
































## Fore River, Portland, ME - Jun 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:59	10.4	3:45	9.3	9:25	-0.4	9:40	1.0	5:02	8:16	
2	Sat	3:54	9.8	4:39	9.1	10:18	0.1	10:38	1.3	5:01	8:16	
3	Sun	4:50	9.3	5:32	9.0	11:10	0.6	11:37	1.5	5:01	8:17	
4	Mon	5:46	8.8	6:24	8.9			12:01	1.0	5:00	8:18	
5	Tue	6:43	8.4	7:15	9.0	12:36	1.6	12:53	1.3	5:00	8:19	
6	Wed	7:41	8.2	8:06	9.1	1:35	1.5	1:44	1.6	5:00	8:19	
7	Thu	8:37	8.1	8:53	9.2	2:31	1.3	2:34	1.7	4:59	8:20	
8	Fri	9:28	8.1	9:37	9.4	3:21	1.1	3:20	1.7	4:59	8:21	
9	Sat	10:14	8.2	10:19	9.6	4:06	0.8	4:03	1.6	4:59	8:21	
10	Sun	10:58	8.3	10:59	9.8	4:47	0.6	4:43	1.6	4:59	8:22	
11	Mon	11:40	8.5	11:38	9.9	5:27	0.3	5:22	1.4	4:59	8:22	
12	Tue			12:20	8.6	6:05	0.2	6:02	1.3	4:59	8:23	
13	Wed	12:17	10.1	12:59	8.7	6:43	0.0	6:42	1.2	4:59	8:23	
14	Thu	12:56	10.2	1:38	8.8	7:22	-0.2	7:24	1.1	4:58	8:24	
15	Fri	1:37	10.2	2:19	9.0	8:02	-0.3	8:09	0.9	4:58	8:24	
16	Sat	2:20	10.2	3:02	9.2	8:44	-0.3	8:57	0.8	4:59	8:24	
17	Sun	3:07	10.1	3:49	9.5	9:30	-0.3	9:49	0.7	4:59	8:25	
18	Mon	3:59	9.9	4:39	9.7	10:19	-0.2	10:46	0.6	4:59	8:25	
19	Tue	4:55	9.6	5:32	10.0	11:10	-0.1	11:45	0.4	4:59	8:25	
20	Wed	5:55	9.4	6:27	10.2			12:04	0.1	4:59	8:26	
21	Thu	6:59	9.2	7:26	10.5	12:47	0.2	1:02	0.3	4:59	8:26	
22	Fri	8:05	9.1	8:26	10.7	1:52	-0.1	2:03	0.4	5:00	8:26	
23	Sat	9:09	9.2	9:24	11.0	2:56	-0.4	3:04	0.4	5:00	8:26	
24	Sun	10:09	9.3	10:20	11.1	3:55	-0.7	4:02	0.3	5:00	8:26	
25	Mon	11:06	9.4	11:15	11.2	4:51	-1.0	4:57	0.2	5:01	8:26	
26	Tue			12:00	9.5	5:45	-1.1	5:51	0.2	5:01	8:26	
27	Wed	12:08	11.1	12:52	9.6	6:36	-1.0	6:43	0.3	5:01	8:26	
28	Thu	12:59	10.9	1:40	9.5	7:24	-0.9	7:33	0.4	5:02	8:26	
29	Fri	1:47	10.6	2:28	9.5	8:11	-0.6	8:22	0.7	5:02	8:26	
30	Sat	2:35	10.2	3:14	9.3	8:56	-0.2	9:12	0.9	5:03	8:26	