






























Fore River, Portland, ME - Aug 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:23	8.5	4:46	9.0	10:25	1.3	11:03	1.4	5:30	8:04	
2	Thu	5:13	8.1	5:33	8.9	11:10	1.6	11:55	1.6	5:32	8:02	
3	Fri	6:07	7.8	6:24	8.8	11:59	1.9			5:33	8:01	
4	Sat	7:04	7.6	7:19	8.8	12:51	1.6	12:52	2.1	5:34	8:00	
5	Sun	8:03	7.6	8:14	9.0	1:50	1.5	1:49	2.0	5:35	7:59	
6	Mon	8:58	7.8	9:06	9.4	2:47	1.2	2:44	1.8	5:36	7:57	
7	Tue	9:48	8.1	9:55	9.8	3:36	0.8	3:35	1.4	5:37	7:56	
8	Wed	10:33	8.6	10:40	10.2	4:21	0.3	4:22	1.0	5:38	7:54	
9	Thu	11:17	9.1	11:25	10.6	5:04	-0.1	5:08	0.5	5:39	7:53	
10	Fri	11:59	9.6			5:46	-0.6	5:55	0.0	5:40	7:52	
11	Sat	12:11	10.8	12:42	10.1	6:28	-0.9	6:42	-0.4	5:41	7:50	
12	Sun	12:56	10.9	1:25	10.5	7:11	-1.0	7:30	-0.7	5:43	7:49	
13	Mon	1:44	10.8	2:10	10.7	7:55	-1.0	8:20	-0.8	5:44	7:47	
14	Tue	2:33	10.5	2:59	10.8	8:42	-0.8	9:14	-0.7	5:45	7:46	
15	Wed	3:27	10.1	3:51	10.7	9:33	-0.4	10:11	-0.4	5:46	7:44	
16	Thu	4:25	9.6	4:49	10.5	10:28	0.0	11:13	-0.2	5:47	7:43	
17	Fri	5:28	9.1	5:50	10.3	11:27	0.5			5:48	7:41	
18	Sat	6:35	8.8	6:56	10.1	12:18	0.1	12:31	0.8	5:49	7:40	
19	Sun	7:45	8.6	8:03	10.0	1:28	0.2	1:39	1.0	5:50	7:38	
20	Mon	8:50	8.7	9:07	10.1	2:36	0.2	2:46	0.9	5:52	7:36	
21	Tue	9:49	8.9	10:03	10.2	3:36	0.0	3:45	0.7	5:53	7:35	
22	Wed	10:41	9.1	10:54	10.3	4:29	-0.1	4:38	0.5	5:54	7:33	
23	Thu	11:27	9.4	11:40	10.2	5:16	-0.2	5:26	0.4	5:55	7:31	
24	Fri			12:10	9.5	5:58	-0.2	6:10	0.3	5:56	7:30	
25	Sat	12:23	10.1	12:49	9.6	6:37	0.0	6:51	0.3	5:57	7:28	
26	Sun	1:03	9.8	1:25	9.6	7:13	0.2	7:31	0.4	5:58	7:26	
27	Mon	1:42	9.5	2:01	9.5	7:47	0.5	8:09	0.6	5:59	7:25	
28	Tue	2:20	9.1	2:37	9.4	8:23	0.8	8:49	0.8	6:00	7:23	
29	Wed	3:01	8.7	3:15	9.2	9:00	1.2	9:32	1.0	6:02	7:21	
30	Thu	3:44	8.4	3:58	9.0	9:41	1.5	10:19	1.3	6:03	7:20	
31	Fri	4:32	8.0	4:45	8.8	10:26	1.8	11:09	1.5	6:04	7:18	