
































Fore River, Portland, ME - Sep 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:25	7.7	5:38	8.7	11:16	2.0			6:05	7:16	
2	Sun	6:21	7.6	6:34	8.8	12:04	1.6	12:10	2.1	6:06	7:14	
3	Mon	7:20	7.6	7:32	9.0	1:03	1.5	1:08	2.0	6:07	7:13	
4	Tue	8:18	7.9	8:29	9.4	2:02	1.2	2:07	1.7	6:08	7:11	
5	Wed	9:09	8.4	9:22	9.8	2:56	0.8	3:03	1.1	6:09	7:09	
6	Thu	9:56	9.1	10:10	10.3	3:44	0.2	3:53	0.5	6:11	7:07	
7	Fri	10:41	9.7	10:58	10.7	4:28	-0.3	4:42	-0.2	6:12	7:05	
8	Sat	11:26	10.4	11:46	10.9	5:12	-0.8	5:31	-0.8	6:13	7:04	
9	Sun			12:11	10.9	5:57	-1.0	6:20	-1.2	6:14	7:02	
10	Mon	12:35	11.0	12:56	11.2	6:43	-1.1	7:10	-1.4	6:15	7:00	
11	Tue	1:25	10.8	1:44	11.3	7:30	-1.0	8:01	-1.4	6:16	6:58	
12	Wed	2:16	10.5	2:34	11.2	8:19	-0.7	8:55	-1.1	6:17	6:56	
13	Thu	3:11	10.0	3:30	10.9	9:12	-0.2	9:54	-0.7	6:18	6:54	
14	Fri	4:12	9.5	4:31	10.5	10:10	0.3	10:58	-0.2	6:19	6:53	
15	Sat	5:17	9.0	5:36	10.1	11:14	0.8			6:21	6:51	
16	Sun	6:25	8.7	6:45	9.8	12:06	0.2	12:21	1.1	6:22	6:49	
17	Mon	7:33	8.7	7:53	9.7	1:15	0.4	1:31	1.2	6:23	6:47	
18	Tue	8:37	8.8	8:55	9.7	2:22	0.4	2:38	1.0	6:24	6:45	
19	Wed	9:32	9.1	9:49	9.8	3:19	0.3	3:35	0.7	6:25	6:43	
20	Thu	10:20	9.3	10:37	9.8	4:09	0.2	4:25	0.5	6:26	6:42	
21	Fri	11:03	9.5	11:21	9.8	4:52	0.2	5:09	0.3	6:27	6:40	
22	Sat	11:42	9.7			5:31	0.3	5:50	0.2	6:28	6:38	
23	Sun	12:02	9.6	12:18	9.7	6:07	0.4	6:28	0.2	6:30	6:36	
24	Mon	12:40	9.4	12:52	9.7	6:40	0.6	7:04	0.3	6:31	6:34	
25	Tue	1:16	9.2	1:25	9.6	7:13	0.9	7:40	0.4	6:32	6:32	
26	Wed	1:53	8.9	1:59	9.4	7:47	1.1	8:17	0.6	6:33	6:31	
27	Thu	2:30	8.6	2:36	9.3	8:24	1.4	8:57	0.9	6:34	6:29	
28	Fri	3:11	8.3	3:17	9.1	9:04	1.7	9:41	1.1	6:35	6:27	
29	Sat	3:57	8.0	4:04	8.9	9:49	1.9	10:31	1.3	6:36	6:25	
30	Sun	4:48	7.8	4:57	8.8	10:39	2.0	11:24	1.4	6:38	6:23	