

































Fore River, Portland, ME - Dec 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:19	9.9	6:51	9.2			12:38	0.1	6:55	4:05	
2	Sun	7:16	10.4	7:53	9.5	12:56	0.2	1:40	-0.5	6:56	4:05	
3	Mon	8:12	11.0	8:52	9.7	1:53	-0.1	2:38	-1.1	6:57	4:05	
4	Tue	9:06	11.4	9:48	9.9	2:49	-0.3	3:33	-1.5	6:58	4:04	
5	Wed	9:59	11.6	10:43	10.0	3:43	-0.5	4:27	-1.8	6:59	4:04	
6	Thu	10:53	11.7	11:37	10.0	4:36	-0.6	5:20	-1.8	7:00	4:04	
7	Fri	11:46	11.6			5:30	-0.5	6:13	-1.7	7:01	4:04	
8	Sat	12:29	9.9	12:39	11.2	6:23	-0.3	7:05	-1.3	7:02	4:04	
9	Sun	1:22	9.7	1:32	10.7	7:17	0.0	7:57	-0.8	7:03	4:04	
10	Mon	2:16	9.5	2:28	10.1	8:13	0.4	8:51	-0.3	7:03	4:04	
11	Tue	3:12	9.2	3:26	9.4	9:12	0.8	9:45	0.3	7:04	4:04	
12	Wed	4:07	9.1	4:25	8.9	10:13	1.1	10:39	0.7	7:05	4:04	
13	Thu	5:02	8.9	5:25	8.4	11:14	1.2	11:34	1.2	7:06	4:04	
14	Fri	5:56	8.9	6:25	8.1			12:16	1.3	7:07	4:04	
15	Sat	6:49	8.9	7:23	8.0	12:29	1.4	1:15	1.1	7:07	4:05	
16	Sun	7:40	9.1	8:16	8.0	1:22	1.6	2:09	0.9	7:08	4:05	
17	Mon	8:26	9.2	9:04	8.1	2:11	1.6	2:56	0.7	7:09	4:05	
18	Tue	9:09	9.4	9:48	8.3	2:55	1.5	3:38	0.4	7:09	4:06	
19	Wed	9:50	9.6	10:29	8.4	3:36	1.4	4:17	0.2	7:10	4:06	
20	Thu	10:29	9.7	11:08	8.5	4:14	1.3	4:55	0.1	7:11	4:06	
21	Fri	11:06	9.8	11:46	8.6	4:52	1.2	5:31	-0.1	7:11	4:07	
22	Sat	11:43	9.9			5:29	1.0	6:06	-0.2	7:11	4:07	
23	Sun	12:22	8.7	12:21	9.9	6:08	0.9	6:43	-0.2	7:12	4:08	
24	Mon	12:58	8.8	1:00	9.9	6:48	0.8	7:21	-0.2	7:12	4:09	
25	Tue	1:37	9.0	1:42	9.7	7:32	0.7	8:03	-0.2	7:13	4:09	
26	Wed	2:19	9.1	2:30	9.5	8:20	0.6	8:48	-0.1	7:13	4:10	
27	Thu	3:06	9.3	3:23	9.3	9:13	0.5	9:38	0.0	7:13	4:11	
28	Fri	3:57	9.6	4:21	9.0	10:11	0.4	10:31	0.2	7:14	4:11	
29	Sat	4:52	9.8	5:23	8.9	11:12	0.2	11:28	0.3	7:14	4:12	
30	Sun	5:50	10.0	6:30	8.8			12:16	0.0	7:14	4:13	
31	Mon	6:52	10.3	7:37	8.9	12:30	0.4	1:22	-0.4	7:14	4:14	