

































Fore River, Portland, ME - May 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:26	9.1	11:34	10.0	5:16	0.0	5:23	0.8	5:32	7:43	
2	Thu			12:07	9.0	5:55	-0.1	5:59	0.9	5:31	7:44	
3	Fri	12:11	9.9	12:45	8.9	6:32	-0.1	6:34	1.1	5:30	7:45	
4	Sat	12:46	9.9	1:22	8.8	7:08	0.0	7:09	1.2	5:28	7:47	
5	Sun	1:20	9.7	1:59	8.7	7:43	0.2	7:45	1.4	5:27	7:48	
6	Mon	1:56	9.6	2:37	8.5	8:20	0.3	8:23	1.5	5:26	7:49	
7	Tue	2:34	9.4	3:17	8.4	8:59	0.5	9:05	1.7	5:24	7:50	
8	Wed	3:16	9.2	4:01	8.3	9:42	0.7	9:51	1.8	5:23	7:51	
9	Thu	4:02	9.1	4:48	8.3	10:27	0.8	10:42	1.7	5:22	7:52	
10	Fri	4:53	9.0	5:37	8.5	11:16	0.8	11:36	1.6	5:21	7:53	
11	Sat	5:48	8.9	6:28	8.8			12:06	0.8	5:20	7:55	
12	Sun	6:45	9.0	7:22	9.3	12:34	1.3	1:00	0.7	5:18	7:56	
13	Mon	7:46	9.1	8:15	9.9	1:33	0.8	1:55	0.4	5:17	7:57	
14	Tue	8:45	9.4	9:07	10.5	2:33	0.2	2:49	0.1	5:16	7:58	
15	Wed	9:41	9.7	9:58	11.1	3:29	-0.5	3:42	-0.2	5:15	7:59	
16	Thu	10:36	10.0	10:50	11.6	4:22	-1.2	4:34	-0.4	5:14	8:00	
17	Fri	11:31	10.2	11:42	11.8	5:15	-1.6	5:26	-0.6	5:13	8:01	
18	Sat			12:25	10.3	6:09	-1.9	6:20	-0.6	5:12	8:02	
19	Sun	12:35	11.9	1:20	10.3	7:02	-1.9	7:14	-0.5	5:11	8:03	
20	Mon	1:30	11.7	2:15	10.1	7:56	-1.7	8:09	-0.2	5:10	8:04	
21	Tue	2:25	11.3	3:12	9.9	8:52	-1.3	9:08	0.1	5:09	8:05	
22	Wed	3:24	10.8	4:12	9.7	9:50	-0.8	10:10	0.5	5:08	8:06	
23	Thu	4:26	10.2	5:13	9.5	10:49	-0.3	11:15	0.8	5:08	8:07	
24	Fri	5:29	9.7	6:12	9.5	11:48	0.1			5:07	8:08	
25	Sat	6:32	9.2	7:10	9.4	12:20	0.9	12:47	0.5	5:06	8:09	
26	Sun	7:35	8.9	8:06	9.5	1:25	1.0	1:45	0.9	5:05	8:10	
27	Mon	8:34	8.7	8:57	9.6	2:26	0.8	2:39	1.1	5:05	8:11	
28	Tue	9:28	8.6	9:43	9.7	3:20	0.6	3:28	1.2	5:04	8:12	
29	Wed	10:17	8.6	10:26	9.8	4:09	0.4	4:12	1.3	5:03	8:13	
30	Thu	11:01	8.6	11:06	9.8	4:52	0.3	4:52	1.3	5:03	8:14	
31	Fri	11:43	8.7	11:44	9.9	5:32	0.2	5:31	1.4	5:02	8:15	