



Fore River, Portland, ME - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:36	8.6	6:22	0.2	6:19	1.3	5:03	8:26	☀
2	Tue	12:34	9.9	1:12	8.8	6:57	0.1	6:57	1.2	5:04	8:26	☀
3	Wed	1:10	9.9	1:48	8.9	7:31	0.0	7:36	1.1	5:04	8:26	☀
4	Thu	1:47	9.9	2:24	9.1	8:07	0.0	8:17	1.0	5:05	8:25	☀
5	Fri	2:26	9.8	3:02	9.3	8:45	0.0	9:01	0.9	5:06	8:25	☀
6	Sat	3:09	9.7	3:44	9.5	9:26	0.0	9:49	0.7	5:06	8:25	☀
7	Sun	3:57	9.5	4:30	9.7	10:11	0.1	10:41	0.6	5:07	8:24	☀
8	Mon	4:49	9.3	5:20	10.0	11:00	0.2	11:37	0.4	5:08	8:24	☀
9	Tue	5:46	9.1	6:14	10.2	11:53	0.4			5:08	8:24	☀
10	Wed	6:48	8.9	7:13	10.4	12:38	0.3	12:51	0.5	5:09	8:23	☀
11	Thu	7:54	8.9	8:15	10.7	1:42	0.0	1:53	0.4	5:10	8:23	☀
12	Fri	9:00	9.1	9:17	11.0	2:47	-0.4	2:56	0.3	5:11	8:22	☀
13	Sat	10:01	9.4	10:15	11.3	3:48	-0.8	3:56	0.0	5:12	8:21	☀
14	Sun	11:00	9.7	11:12	11.5	4:45	-1.1	4:53	-0.2	5:12	8:21	☀
15	Mon	11:55	9.9			5:40	-1.4	5:50	-0.3	5:13	8:20	☀
16	Tue	12:08	11.5	12:48	10.1	6:33	-1.4	6:44	-0.4	5:14	8:19	☀
17	Wed	1:01	11.3	1:39	10.2	7:22	-1.3	7:37	-0.3	5:15	8:19	☀
18	Thu	1:52	11.0	2:28	10.2	8:11	-1.0	8:30	-0.1	5:16	8:18	☀
19	Fri	2:43	10.4	3:17	10.0	8:59	-0.5	9:23	0.2	5:17	8:17	☀
20	Sat	3:35	9.8	4:07	9.8	9:47	0.0	10:18	0.6	5:18	8:16	☀
21	Sun	4:29	9.2	4:58	9.5	10:36	0.6	11:14	0.9	5:19	8:15	☀
22	Mon	5:24	8.7	5:49	9.3	11:26	1.1			5:20	8:15	☀
23	Tue	6:20	8.2	6:42	9.1	12:11	1.1	12:18	1.5	5:21	8:14	☀
24	Wed	7:18	7.9	7:37	9.1	1:10	1.3	1:13	1.8	5:22	8:13	☀
25	Thu	8:17	7.8	8:31	9.1	2:09	1.3	2:10	1.9	5:23	8:12	☀
26	Fri	9:11	7.9	9:21	9.3	3:04	1.1	3:02	1.8	5:24	8:11	☀
27	Sat	10:00	8.1	10:07	9.5	3:52	0.9	3:50	1.7	5:25	8:10	☀
28	Sun	10:44	8.3	10:49	9.7	4:35	0.7	4:32	1.4	5:26	8:08	☀
29	Mon	11:26	8.6	11:29	9.9	5:14	0.4	5:13	1.2	5:27	8:07	☀
30	Tue			12:04	8.8	5:51	0.2	5:52	0.9	5:28	8:06	☀
31	Wed	12:08	10.0	12:41	9.1	6:26	0.0	6:31	0.7	5:29	8:05	☀