



Fore River, Portland, ME - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:45	10.1	1:16	9.4	7:01	-0.2	7:11	0.5	5:30	8:04	☀
2	Fri	1:24	10.1	1:52	9.7	7:38	-0.3	7:53	0.3	5:31	8:03	☀
3	Sat	2:04	10.0	2:31	9.9	8:16	-0.3	8:38	0.1	5:32	8:01	☀
4	Sun	2:47	9.8	3:14	10.1	8:58	-0.2	9:26	0.1	5:33	8:00	☀
5	Mon	3:36	9.6	4:02	10.2	9:45	0.0	10:20	0.1	5:35	7:59	☀
6	Tue	4:30	9.3	4:55	10.2	10:36	0.2	11:18	0.1	5:36	7:58	☀
7	Wed	5:29	9.0	5:53	10.2	11:32	0.5			5:37	7:56	☀
8	Thu	6:34	8.8	6:56	10.3	12:20	0.2	12:33	0.6	5:38	7:55	☀
9	Fri	7:42	8.7	8:03	10.4	1:27	0.1	1:39	0.7	5:39	7:53	☀
10	Sat	8:50	8.9	9:07	10.7	2:35	-0.1	2:45	0.5	5:40	7:52	☀
11	Sun	9:51	9.3	10:07	10.9	3:37	-0.5	3:47	0.2	5:41	7:51	☀
12	Mon	10:47	9.6	11:02	11.1	4:33	-0.8	4:44	-0.1	5:42	7:49	☀
13	Tue	11:39	10.0	11:55	11.0	5:25	-1.0	5:38	-0.3	5:43	7:48	☀
14	Wed			12:28	10.2	6:14	-1.0	6:29	-0.4	5:45	7:46	☀
15	Thu	12:44	10.9	1:14	10.2	6:59	-0.8	7:18	-0.4	5:46	7:45	☀
16	Fri	1:32	10.5	1:58	10.2	7:43	-0.5	8:05	-0.2	5:47	7:43	☀
17	Sat	2:18	10.0	2:42	10.0	8:26	-0.1	8:53	0.2	5:48	7:42	☀
18	Sun	3:05	9.5	3:27	9.7	9:10	0.4	9:42	0.5	5:49	7:40	☀
19	Mon	3:54	8.9	4:14	9.4	9:55	1.0	10:33	0.9	5:50	7:38	☀
20	Tue	4:45	8.4	5:04	9.1	10:43	1.4	11:27	1.2	5:51	7:37	☀
21	Wed	5:40	8.0	5:57	8.9	11:34	1.8			5:52	7:35	☀
22	Thu	6:37	7.8	6:53	8.8	12:24	1.5	12:28	2.0	5:53	7:34	☀
23	Fri	7:36	7.7	7:50	8.8	1:24	1.5	1:27	2.1	5:55	7:32	☀
24	Sat	8:32	7.8	8:44	9.1	2:22	1.4	2:24	1.9	5:56	7:30	☀
25	Sun	9:23	8.1	9:33	9.3	3:13	1.1	3:15	1.6	5:57	7:29	☀
26	Mon	10:07	8.5	10:16	9.7	3:57	0.8	4:00	1.2	5:58	7:27	☀
27	Tue	10:48	8.9	10:58	9.9	4:36	0.4	4:42	0.8	5:59	7:25	☀
28	Wed	11:26	9.3	11:38	10.1	5:13	0.1	5:23	0.4	6:00	7:23	☀
29	Thu			12:04	9.7	5:50	-0.2	6:04	0.0	6:01	7:22	☀
30	Fri	12:18	10.3	12:41	10.1	6:28	-0.4	6:46	-0.3	6:02	7:20	☀
31	Sat	12:59	10.3	1:20	10.4	7:07	-0.5	7:30	-0.5	6:04	7:18	☀