
































Fore River, Portland, ME - Sep 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:42	10.2	2:01	10.5	7:48	-0.4	8:16	-0.6	6:05	7:17	
2	Mon	2:28	10.0	2:47	10.6	8:33	-0.2	9:06	-0.5	6:06	7:15	
3	Tue	3:19	9.6	3:39	10.5	9:23	0.0	10:02	-0.3	6:07	7:13	
4	Wed	4:16	9.3	4:36	10.3	10:18	0.4	11:03	0.0	6:08	7:11	
5	Thu	5:19	8.9	5:39	10.1	11:18	0.6			6:09	7:09	
6	Fri	6:26	8.8	6:47	10.1	12:08	0.1	12:23	0.8	6:10	7:08	
7	Sat	7:36	8.8	7:56	10.1	1:17	0.2	1:33	0.8	6:11	7:06	
8	Sun	8:41	9.1	9:01	10.3	2:25	0.0	2:40	0.6	6:12	7:04	
9	Mon	9:40	9.4	9:58	10.5	3:25	-0.2	3:41	0.2	6:14	7:02	
10	Tue	10:32	9.8	10:51	10.5	4:18	-0.4	4:35	-0.1	6:15	7:00	
11	Wed	11:20	10.1	11:40	10.5	5:07	-0.5	5:25	-0.4	6:16	6:59	
12	Thu			12:04	10.2	5:51	-0.5	6:12	-0.4	6:17	6:57	
13	Fri	12:26	10.3	12:46	10.3	6:33	-0.3	6:57	-0.4	6:18	6:55	
14	Sat	1:10	10.0	1:26	10.1	7:13	0.1	7:39	-0.2	6:19	6:53	
15	Sun	1:52	9.6	2:05	9.9	7:53	0.5	8:21	0.2	6:20	6:51	
16	Mon	2:35	9.1	2:46	9.6	8:32	0.9	9:05	0.5	6:21	6:49	
17	Tue	3:19	8.7	3:30	9.3	9:15	1.3	9:52	0.9	6:23	6:48	
18	Wed	4:08	8.3	4:19	9.0	10:01	1.7	10:43	1.3	6:24	6:46	
19	Thu	5:00	8.0	5:12	8.7	10:51	2.0	11:37	1.5	6:25	6:44	
20	Fri	5:55	7.8	6:08	8.6	11:46	2.1			6:26	6:42	
21	Sat	6:53	7.8	7:05	8.7	12:34	1.6	12:43	2.1	6:27	6:40	
22	Sun	7:49	7.9	8:02	8.9	1:32	1.5	1:42	1.9	6:28	6:38	
23	Mon	8:40	8.3	8:53	9.2	2:25	1.2	2:36	1.5	6:29	6:37	
24	Tue	9:25	8.8	9:40	9.5	3:12	0.8	3:25	1.0	6:30	6:35	
25	Wed	10:07	9.3	10:24	9.9	3:53	0.4	4:09	0.4	6:32	6:33	
26	Thu	10:46	9.9	11:07	10.1	4:33	0.0	4:52	-0.2	6:33	6:31	
27	Fri	11:26	10.4	11:51	10.3	5:13	-0.3	5:36	-0.7	6:34	6:29	
28	Sat			12:07	10.8	5:54	-0.5	6:21	-1.0	6:35	6:27	
29	Sun	12:36	10.4	12:50	11.1	6:38	-0.6	7:08	-1.2	6:36	6:26	
30	Mon	1:22	10.3	1:36	11.1	7:23	-0.5	7:57	-1.2	6:37	6:24	