
































## Fore River, Portland, ME - Nov 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:54	9.5	4:09	10.4	9:51	0.4	10:36	-0.4	7:17	5:32	
2	Sat	4:59	9.3	5:17	10.0	10:57	0.7	11:41	-0.1	7:18	5:30	
3	Sun	5:04	9.3	5:24	9.6	11:06	0.8	11:45	0.2	6:19	4:29	
4	Mon	6:08	9.4	6:31	9.4			12:16	0.7	6:21	4:28	
5	Tue	7:08	9.6	7:34	9.4	12:48	0.4	1:21	0.5	6:22	4:27	
6	Wed	8:02	9.8	8:30	9.3	1:45	0.4	2:19	0.2	6:23	4:25	
7	Thu	8:50	10.0	9:20	9.3	2:36	0.5	3:09	0.0	6:25	4:24	
8	Fri	9:34	10.1	10:06	9.3	3:21	0.6	3:55	-0.2	6:26	4:23	
9	Sat	10:15	10.1	10:48	9.2	4:03	0.7	4:36	-0.2	6:27	4:22	
10	Sun	10:53	10.0	11:28	9.0	4:41	0.8	5:15	-0.2	6:28	4:21	
11	Mon	11:30	9.9			5:18	1.0	5:53	0.0	6:30	4:20	
12	Tue	12:06	8.9	12:06	9.8	5:55	1.2	6:29	0.2	6:31	4:19	
13	Wed	12:44	8.7	12:43	9.6	6:31	1.3	7:06	0.4	6:32	4:18	
14	Thu	1:22	8.5	1:21	9.4	7:10	1.5	7:45	0.6	6:34	4:17	
15	Fri	2:03	8.3	2:03	9.1	7:51	1.7	8:28	0.8	6:35	4:16	
16	Sat	2:47	8.2	2:49	8.9	8:37	1.8	9:13	0.9	6:36	4:15	
17	Sun	3:34	8.2	3:39	8.7	9:27	1.8	10:00	1.0	6:38	4:14	
18	Mon	4:22	8.3	4:32	8.7	10:20	1.8	10:49	1.0	6:39	4:13	
19	Tue	5:12	8.6	5:28	8.7	11:15	1.5	11:40	0.9	6:40	4:12	
20	Wed	6:02	9.0	6:26	8.8			12:13	1.1	6:41	4:11	
21	Thu	6:54	9.5	7:23	9.0	12:33	0.7	1:10	0.5	6:43	4:11	
22	Fri	7:44	10.1	8:18	9.4	1:26	0.4	2:05	-0.2	6:44	4:10	
23	Sat	8:34	10.8	9:11	9.7	2:18	0.1	2:57	-0.9	6:45	4:09	
24	Sun	9:23	11.3	10:03	10.0	3:08	-0.3	3:49	-1.4	6:46	4:09	
25	Mon	10:14	11.7	10:55	10.2	3:59	-0.5	4:40	-1.8	6:47	4:08	
26	Tue	11:06	11.8	11:49	10.2	4:51	-0.7	5:33	-1.9	6:49	4:07	
27	Wed	11:59	11.8			5:44	-0.7	6:26	-1.8	6:50	4:07	
28	Thu	12:43	10.2	12:54	11.5	6:38	-0.5	7:20	-1.6	6:51	4:06	
29	Fri	1:39	10.0	1:52	11.0	7:35	-0.2	8:17	-1.1	6:52	4:06	
30	Sat	2:38	9.8	2:53	10.4	8:36	0.1	9:16	-0.6	6:53	4:06	