

































Fore River, Portland, ME - Aug 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:57	9.5	10:14	11.3	3:44	-0.7	3:54	-0.2	5:30	8:04	
2	Sat	10:54	10.0	11:10	11.6	4:40	-1.2	4:52	-0.6	5:31	8:03	
3	Sun	11:49	10.4			5:34	-1.5	5:48	-0.9	5:32	8:02	
4	Mon	12:06	11.7	12:42	10.7	6:26	-1.7	6:43	-1.0	5:33	8:00	
5	Tue	1:00	11.6	1:33	10.8	7:17	-1.6	7:37	-1.0	5:34	7:59	
6	Wed	1:53	11.2	2:24	10.8	8:07	-1.3	8:31	-0.8	5:35	7:58	
7	Thu	2:46	10.7	3:16	10.6	8:57	-0.8	9:27	-0.4	5:36	7:56	
8	Fri	3:41	10.0	4:09	10.3	9:49	-0.2	10:25	0.0	5:38	7:55	
9	Sat	4:39	9.4	5:04	9.9	10:42	0.4	11:25	0.4	5:39	7:54	
10	Sun	5:37	8.8	6:00	9.6	11:38	1.0			5:40	7:52	
11	Mon	6:38	8.4	6:58	9.3	12:26	0.8	12:36	1.4	5:41	7:51	
12	Tue	7:39	8.2	7:57	9.2	1:28	1.0	1:36	1.6	5:42	7:49	
13	Wed	8:37	8.1	8:52	9.3	2:29	1.0	2:34	1.6	5:43	7:48	
14	Thu	9:30	8.2	9:41	9.4	3:22	0.9	3:26	1.5	5:44	7:46	
15	Fri	10:16	8.4	10:26	9.6	4:09	0.7	4:12	1.3	5:45	7:45	
16	Sat	10:58	8.7	11:07	9.7	4:50	0.5	4:53	1.1	5:46	7:43	
17	Sun	11:37	8.9	11:45	9.8	5:27	0.4	5:31	0.9	5:48	7:42	
18	Mon			12:14	9.1	6:01	0.2	6:08	0.8	5:49	7:40	
19	Tue	12:22	9.8	12:47	9.3	6:34	0.2	6:44	0.6	5:50	7:39	
20	Wed	12:57	9.8	1:20	9.5	7:06	0.2	7:20	0.5	5:51	7:37	
21	Thu	1:32	9.7	1:53	9.6	7:40	0.2	7:59	0.4	5:52	7:36	
22	Fri	2:09	9.5	2:29	9.7	8:16	0.3	8:40	0.3	5:53	7:34	
23	Sat	2:50	9.3	3:09	9.8	8:56	0.4	9:26	0.3	5:54	7:32	
24	Sun	3:36	9.1	3:56	9.9	9:41	0.5	10:17	0.4	5:55	7:31	
25	Mon	4:28	8.8	4:49	9.9	10:32	0.7	11:14	0.4	5:57	7:29	
26	Tue	5:25	8.7	5:47	10.0	11:28	0.8			5:58	7:27	
27	Wed	6:29	8.6	6:51	10.1	12:15	0.4	12:29	0.8	5:59	7:26	
28	Thu	7:36	8.8	7:58	10.3	1:21	0.2	1:35	0.6	6:00	7:24	
29	Fri	8:42	9.2	9:02	10.7	2:27	-0.2	2:41	0.2	6:01	7:22	
30	Sat	9:42	9.7	10:02	11.0	3:28	-0.6	3:43	-0.2	6:02	7:20	
31	Sun	10:38	10.2	10:57	11.3	4:23	-1.0	4:40	-0.7	6:03	7:19	