

































Fore River, Portland, ME - Jan 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:08	8.8	1:11	9.4	7:00	1.0	7:28	0.2	7:14	4:14	
2	Fri	1:44	8.7	1:49	9.1	7:39	1.1	8:05	0.4	7:14	4:15	
3	Sat	2:23	8.7	2:30	8.8	8:21	1.2	8:44	0.6	7:14	4:16	
4	Sun	3:03	8.7	3:16	8.5	9:07	1.3	9:27	0.8	7:14	4:17	
5	Mon	3:47	8.7	4:06	8.3	9:56	1.3	10:14	1.0	7:14	4:18	
6	Tue	4:35	8.8	5:00	8.1	10:49	1.2	11:04	1.1	7:14	4:19	
7	Wed	5:26	9.0	5:58	8.1	11:46	1.0	11:59	1.0	7:14	4:20	
8	Thu	6:21	9.4	7:00	8.3			12:47	0.6	7:14	4:21	
9	Fri	7:18	9.8	8:00	8.6	12:57	0.8	1:46	0.0	7:13	4:22	
10	Sat	8:14	10.4	8:56	9.1	1:55	0.4	2:42	-0.6	7:13	4:23	
11	Sun	9:09	10.9	9:49	9.6	2:51	-0.1	3:35	-1.2	7:13	4:24	
12	Mon	10:02	11.4	10:42	10.1	3:44	-0.6	4:27	-1.7	7:12	4:25	
13	Tue	10:55	11.7	11:34	10.4	4:38	-1.0	5:18	-2.1	7:12	4:27	
14	Wed	11:48	11.7			5:32	-1.2	6:08	-2.2	7:11	4:28	
15	Thu	12:25	10.7	12:41	11.5	6:25	-1.3	6:59	-2.0	7:11	4:29	
16	Fri	1:17	10.7	1:35	11.1	7:20	-1.2	7:51	-1.6	7:10	4:30	
17	Sat	2:10	10.6	2:32	10.5	8:17	-0.9	8:45	-1.1	7:10	4:31	
18	Sun	3:06	10.4	3:32	9.8	9:17	-0.5	9:41	-0.4	7:09	4:33	
19	Mon	4:04	10.1	4:35	9.2	10:20	-0.1	10:40	0.2	7:09	4:34	
20	Tue	5:04	9.8	5:40	8.7	11:25	0.2	11:42	0.7	7:08	4:35	
21	Wed	6:06	9.5	6:46	8.4			12:33	0.4	7:07	4:36	
22	Thu	7:07	9.4	7:48	8.3	12:46	1.0	1:37	0.3	7:07	4:38	
23	Fri	8:04	9.5	8:43	8.4	1:47	1.1	2:33	0.2	7:06	4:39	
24	Sat	8:55	9.6	9:32	8.5	2:40	1.0	3:22	0.1	7:05	4:40	
25	Sun	9:41	9.7	10:15	8.7	3:27	0.9	4:06	0.0	7:04	4:42	
26	Mon	10:23	9.7	10:55	8.8	4:10	0.8	4:45	-0.1	7:03	4:43	
27	Tue	11:01	9.8	11:32	8.9	4:48	0.7	5:20	-0.2	7:02	4:44	
28	Wed	11:37	9.7			5:25	0.6	5:53	-0.1	7:01	4:46	
29	Thu	12:06	9.0	12:12	9.6	6:00	0.6	6:25	-0.1	7:00	4:47	
30	Fri	12:39	9.0	12:46	9.5	6:34	0.6	6:57	0.0	6:59	4:48	
31	Sat	1:11	9.1	1:21	9.2	7:11	0.6	7:31	0.2	6:58	4:50	