



Fore River, Portland, ME - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:40	11.4	11:09	11.0	4:23	-1.4	4:54	-1.9	6:16	5:30	☀
2	Wed	11:31	11.5	11:58	11.3	5:15	-1.8	5:43	-2.0	6:14	5:31	☀
3	Thu			12:23	11.4	6:07	-2.0	6:32	-1.9	6:13	5:32	☀
4	Fri	12:47	11.4	1:15	11.0	6:59	-1.9	7:22	-1.5	6:11	5:33	☀
5	Sat	1:38	11.2	2:10	10.4	7:53	-1.6	8:14	-0.9	6:09	5:35	☀
6	Sun	2:32	10.8	3:09	9.8	8:51	-1.1	9:11	-0.2	6:08	5:36	☀
7	Mon	3:31	10.3	4:12	9.2	9:53	-0.5	10:12	0.4	6:06	5:37	☀
8	Tue	4:33	9.8	5:17	8.7	10:58	0.0	11:17	0.9	6:04	5:39	☀
9	Wed	5:39	9.4	6:25	8.5			12:07	0.4	6:02	5:40	☀
10	Thu	6:46	9.2	7:29	8.5	12:26	1.1	1:14	0.5	6:01	5:41	☀
11	Fri	7:48	9.2	8:25	8.6	1:32	1.1	2:13	0.4	5:59	5:42	☀
12	Sat	8:42	9.3	9:14	8.9	2:29	0.9	3:03	0.3	5:57	5:43	☀
13	Sun	10:29	9.4	10:57	9.1	4:18	0.7	4:47	0.2	6:55	6:45	☀
14	Mon	11:12	9.5	11:35	9.3	5:01	0.4	5:25	0.1	6:53	6:46	☀
15	Tue	11:51	9.6			5:40	0.3	6:00	0.1	6:52	6:47	☀
16	Wed	12:10	9.4	12:27	9.5	6:16	0.1	6:32	0.2	6:50	6:48	☀
17	Thu	12:44	9.5	1:02	9.4	6:49	0.1	7:03	0.3	6:48	6:50	☀
18	Fri	1:15	9.5	1:36	9.2	7:23	0.1	7:35	0.4	6:46	6:51	☀
19	Sat	1:47	9.5	2:10	9.0	7:57	0.2	8:08	0.6	6:44	6:52	☀
20	Sun	2:19	9.4	2:47	8.8	8:34	0.3	8:45	0.8	6:43	6:53	☀
21	Mon	2:56	9.3	3:27	8.5	9:14	0.4	9:27	1.0	6:41	6:54	☀
22	Tue	3:38	9.2	4:14	8.3	10:00	0.6	10:14	1.2	6:39	6:56	☀
23	Wed	4:26	9.2	5:07	8.2	10:51	0.7	11:07	1.3	6:37	6:57	☀
24	Thu	5:21	9.1	6:05	8.2	11:48	0.7			6:35	6:58	☀
25	Fri	6:22	9.2	7:08	8.5	12:05	1.2	12:49	0.5	6:34	6:59	☀
26	Sat	7:27	9.5	8:11	9.0	1:09	1.0	1:52	0.2	6:32	7:00	☀
27	Sun	8:32	9.9	9:10	9.6	2:14	0.4	2:52	-0.3	6:30	7:02	☀
28	Mon	9:31	10.4	10:03	10.3	3:15	-0.3	3:47	-0.9	6:28	7:03	☀
29	Tue	10:27	10.9	10:55	11.0	4:12	-1.0	4:39	-1.3	6:26	7:04	☀
30	Wed	11:21	11.2	11:45	11.5	5:05	-1.6	5:30	-1.6	6:25	7:05	☀
31	Thu			12:14	11.3	5:58	-2.0	6:20	-1.7	6:23	7:06	☀