
































Fore River, Portland, ME - Sep 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:36	8.3	4:52	9.0	10:34	1.5	11:12	1.3	6:05	7:16	
2	Fri	5:27	8.1	5:43	9.0	11:24	1.6			6:06	7:14	
3	Sat	6:22	8.0	6:38	9.1	12:06	1.3	12:18	1.6	6:07	7:13	
4	Sun	7:20	8.1	7:37	9.4	1:03	1.1	1:15	1.5	6:08	7:11	
5	Mon	8:19	8.5	8:35	9.8	2:02	0.8	2:15	1.1	6:09	7:09	
6	Tue	9:13	9.0	9:29	10.3	2:58	0.3	3:11	0.5	6:11	7:07	
7	Wed	10:03	9.7	10:21	10.8	3:49	-0.3	4:04	-0.2	6:12	7:05	
8	Thu	10:52	10.3	11:12	11.2	4:38	-0.9	4:56	-0.8	6:13	7:04	
9	Fri	11:40	10.9			5:26	-1.3	5:47	-1.3	6:14	7:02	
10	Sat	12:03	11.4	12:29	11.3	6:14	-1.5	6:39	-1.6	6:15	7:00	
11	Sun	12:54	11.4	1:19	11.5	7:03	-1.5	7:31	-1.6	6:16	6:58	
12	Mon	1:47	11.1	2:09	11.4	7:53	-1.3	8:25	-1.5	6:17	6:56	
13	Tue	2:41	10.7	3:03	11.2	8:46	-0.9	9:22	-1.1	6:18	6:54	
14	Wed	3:39	10.2	4:01	10.8	9:42	-0.3	10:23	-0.6	6:20	6:53	
15	Thu	4:42	9.7	5:04	10.3	10:42	0.2	11:28	-0.2	6:21	6:51	
16	Fri	5:47	9.2	6:09	10.0	11:46	0.7			6:22	6:49	
17	Sat	6:53	9.0	7:15	9.7	12:35	0.2	12:53	1.0	6:23	6:47	
18	Sun	7:58	8.9	8:18	9.7	1:42	0.4	2:00	1.0	6:24	6:45	
19	Mon	8:57	9.0	9:16	9.7	2:43	0.4	3:01	0.9	6:25	6:43	
20	Tue	9:48	9.2	10:06	9.8	3:37	0.3	3:53	0.7	6:26	6:42	
21	Wed	10:34	9.4	10:51	9.8	4:23	0.2	4:39	0.5	6:27	6:40	
22	Thu	11:14	9.5	11:32	9.7	5:04	0.2	5:21	0.4	6:29	6:38	
23	Fri	11:52	9.6			5:41	0.3	5:59	0.3	6:30	6:36	
24	Sat	12:11	9.6	12:27	9.7	6:16	0.4	6:35	0.3	6:31	6:34	
25	Sun	12:47	9.5	1:00	9.6	6:49	0.5	7:09	0.3	6:32	6:32	
26	Mon	1:23	9.3	1:33	9.6	7:21	0.7	7:44	0.4	6:33	6:31	
27	Tue	1:58	9.1	2:07	9.5	7:55	0.9	8:21	0.6	6:34	6:29	
28	Wed	2:35	8.8	2:44	9.3	8:32	1.2	9:01	0.8	6:35	6:27	
29	Thu	3:16	8.5	3:25	9.2	9:13	1.4	9:46	0.9	6:37	6:25	
30	Fri	4:01	8.3	4:12	9.1	9:59	1.5	10:35	1.0	6:38	6:23	