
































## Fore River, Portland, ME - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:15	8.9	6:33	9.4			12:19	1.0	7:17	5:31	
2	Wed	7:14	9.3	7:37	9.7	12:53	0.3	1:22	0.6	7:18	5:30	
3	Thu	8:13	10.0	8:39	10.0	1:52	0.0	2:25	-0.1	7:20	5:29	
4	Fri	9:08	10.6	9:37	10.4	2:50	-0.4	3:23	-0.8	7:21	5:27	
5	Sat	10:00	11.2	10:32	10.7	3:44	-0.8	4:18	-1.4	7:22	5:26	
6	Sun	9:51	11.7	10:26	10.8	3:35	-1.0	4:11	-1.9	6:24	4:25	
7	Mon	10:42	11.9	11:20	10.8	4:27	-1.1	5:04	-2.1	6:25	4:24	
8	Tue	11:34	11.9			5:18	-1.0	5:56	-2.0	6:26	4:23	
9	Wed	12:13	10.6	12:26	11.6	6:10	-0.8	6:49	-1.7	6:28	4:21	
10	Thu	1:06	10.3	1:19	11.1	7:03	-0.3	7:43	-1.2	6:29	4:20	
11	Fri	2:02	9.9	2:15	10.5	7:58	0.2	8:40	-0.6	6:30	4:19	
12	Sat	3:00	9.5	3:14	9.9	8:58	0.7	9:39	-0.1	6:31	4:18	
13	Sun	4:00	9.1	4:16	9.4	10:00	1.0	10:38	0.4	6:33	4:17	
14	Mon	4:59	9.0	5:17	9.0	11:04	1.3	11:37	0.7	6:34	4:16	
15	Tue	5:57	8.9	6:18	8.8			12:07	1.3	6:35	4:15	
16	Wed	6:53	9.0	7:16	8.7	12:35	1.0	1:07	1.2	6:37	4:14	
17	Thu	7:43	9.2	8:08	8.7	1:28	1.0	2:01	0.9	6:38	4:14	
18	Fri	8:28	9.4	8:55	8.8	2:15	1.0	2:47	0.7	6:39	4:13	
19	Sat	9:09	9.6	9:38	8.9	2:57	1.0	3:29	0.4	6:40	4:12	
20	Sun	9:48	9.7	10:18	8.9	3:35	0.9	4:07	0.2	6:42	4:11	
21	Mon	10:24	9.8	10:57	9.0	4:11	0.9	4:44	0.1	6:43	4:10	
22	Tue	10:59	9.9	11:34	8.9	4:46	0.9	5:19	0.0	6:44	4:10	
23	Wed	11:34	9.9			5:22	0.9	5:54	-0.1	6:45	4:09	
24	Thu	12:11	8.9	12:10	9.9	5:59	0.9	6:31	-0.1	6:47	4:08	
25	Fri	12:48	8.8	12:48	9.9	6:37	1.0	7:11	-0.1	6:48	4:08	
26	Sat	1:27	8.8	1:29	9.8	7:20	1.0	7:54	0.0	6:49	4:07	
27	Sun	2:10	8.8	2:16	9.7	8:07	1.0	8:41	0.0	6:50	4:07	
28	Mon	2:59	8.9	3:09	9.6	8:59	1.0	9:32	0.1	6:51	4:06	
29	Tue	3:53	9.1	4:08	9.4	9:56	0.9	10:27	0.1	6:52	4:06	
30	Wed	4:49	9.4	5:10	9.4	10:57	0.6	11:24	0.1	6:54	4:05	