

































## Fore River, Portland, ME - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:07	9.8	8:46	9.1	1:48	0.6	2:32	-0.2	6:16	5:29	
2	Thu	9:03	10.0	9:38	9.3	2:47	0.4	3:25	-0.4	6:15	5:31	
3	Fri	9:54	10.1	10:24	9.5	3:39	0.1	4:12	-0.5	6:13	5:32	
4	Sat	10:39	10.1	11:06	9.7	4:26	-0.1	4:54	-0.5	6:11	5:33	
5	Sun	11:21	10.0	11:44	9.7	5:08	-0.2	5:32	-0.4	6:10	5:34	
6	Mon			12:00	9.9	5:48	-0.2	6:08	-0.2	6:08	5:36	
7	Tue	12:20	9.7	12:38	9.6	6:26	-0.1	6:42	0.1	6:06	5:37	
8	Wed	12:54	9.6	1:15	9.3	7:02	0.1	7:17	0.4	6:04	5:38	
9	Thu	1:29	9.4	1:53	8.9	7:40	0.3	7:54	0.7	6:03	5:39	
10	Fri	2:07	9.2	2:35	8.5	8:21	0.6	8:34	1.1	6:01	5:41	
11	Sat	2:47	8.9	3:21	8.2	9:05	0.9	9:18	1.4	5:59	5:42	
12	Sun	4:33	8.7	5:11	7.9	10:54	1.1	11:07	1.7	6:57	6:43	
13	Mon	5:24	8.6	6:06	7.7	11:47	1.2			6:56	6:44	
14	Tue	6:20	8.6	7:06	7.8	12:00	1.8	12:44	1.2	6:54	6:46	
15	Wed	7:19	8.7	8:05	8.0	12:59	1.7	1:45	1.0	6:52	6:47	
16	Thu	8:19	9.1	8:59	8.5	1:59	1.4	2:41	0.6	6:50	6:48	
17	Fri	9:14	9.6	9:48	9.2	2:56	0.8	3:32	0.0	6:49	6:49	
18	Sat	10:04	10.1	10:35	9.9	3:49	0.1	4:20	-0.6	6:47	6:51	
19	Sun	10:53	10.6	11:20	10.5	4:38	-0.6	5:06	-1.1	6:45	6:52	
20	Mon	11:42	11.0			5:27	-1.2	5:52	-1.4	6:43	6:53	
21	Tue	12:06	11.0	12:31	11.1	6:16	-1.7	6:38	-1.6	6:41	6:54	
22	Wed	12:53	11.3	1:21	11.1	7:05	-1.9	7:26	-1.5	6:39	6:55	
23	Thu	1:40	11.4	2:12	10.8	7:56	-1.9	8:16	-1.2	6:38	6:57	
24	Fri	2:31	11.3	3:06	10.3	8:50	-1.6	9:09	-0.7	6:36	6:58	
25	Sat	3:25	10.9	4:06	9.8	9:47	-1.2	10:06	-0.1	6:34	6:59	
26	Sun	4:25	10.4	5:10	9.3	10:50	-0.6	11:09	0.4	6:32	7:00	
27	Mon	5:30	10.0	6:18	9.0	11:56	-0.2			6:30	7:01	
28	Tue	6:38	9.6	7:26	8.8	12:17	0.8	1:05	0.1	6:29	7:03	
29	Wed	7:47	9.4	8:30	8.9	1:28	0.9	2:13	0.2	6:27	7:04	
30	Thu	8:51	9.5	9:27	9.2	2:36	0.8	3:13	0.2	6:25	7:05	
31	Fri	9:47	9.6	10:16	9.4	3:34	0.6	4:04	0.1	6:23	7:06	