US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jan 2039

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:53	8.9	4:07	8.9	9:55	1.1	10:24	0.6	7:14	4:14	
2	Sun	4:46	8.7	5:05	8.4	10:55	1.3	11:17	1.1	7:14	4:15	
3	Mon	5:40	8.7	6:05	8.1	11:56	1.4			7:14	4:16	
4	Tue	6:33	8.7	7:04	7.9	12:11	1.4	12:56	1.3	7:14	4:17	
5	Wed	7:24	8.9	7:59	7.9	1:05	1.5	1:51	1.0	7:14	4:18	
6	Thu	8:11	9.1	8:48	8.1	1:55	1.6	2:40	0.7	7:14	4:19	
7	Fri	8:55	9.3	9:33	8.2	2:40	1.5	3:23	0.4	7:14	4:20	
8	Sat	9:36	9.5	10:15	8.3	3:22	1.3	4:03	0.2	7:13	4:21	
9	Sun	10:16	9.7	10:55	8.5	4:01	1.2	4:41	0.0	7:13	4:22	
10	Mon	10:54	9.9	11:33	8.6	4:39	1.0	5:18	-0.2	7:13	4:23	
11	Tue	11:32	10.0			5:17	0.9	5:55	-0.4	7:13	4:25	
12	Wed	12:10	8.7	12:10	10.1	5:56	0.7	6:32	-0.5	7:12	4:26	
13	Thu	12:47	8.8	12:49	10.1	6:37	0.6	7:11	-0.5	7:12	4:27	
14	Fri	1:26	9.0	1:31	10.0	7:20	0.5	7:53	-0.5	7:11	4:28	
15	Sat	2:08	9.1	2:18	9.8	8:08	0.4	8:38	-0.4	7:11	4:29	
16	Sun	2:55	9.3	3:11	9.5	9:00	0.4	9:28	-0.2	7:10	4:31	
17	Mon	3:46	9.5	4:09	9.2	9:57	0.3	10:21	0.0	7:10	4:32	
18	Tue	4:41	9.7	5:11	8.9	10:58	0.2	11:18	0.3	7:09	4:33	
19	Wed	5:39	9.8	6:18	8.8			12:04	0.1	7:08	4:34	
20	Thu	6:42	10.0	7:27	8.8	12:20	0.4	1:11	-0.2	7:08	4:36	
21	Fri	7:45	10.3	8:31	9.0	1:24	0.4	2:15	-0.6	7:07	4:37	
22	Sat	8:44	10.6	9:29	9.2	2:25	0.2	3:14	-1.0	7:06	4:38	
23	Sun	9:40	10.9	10:24	9.4	3:23	0.0	4:09	-1.3	7:06	4:39	
24	Mon	10:34	11.0	11:16	9.6	4:17	-0.2	5:01	-1.4	7:05	4:41	
25	Tue	11:25	11.0			5:09	-0.2	5:50	-1.3	7:04	4:42	
26	Wed	12:05	9.6	12:14	10.7	5:59	-0.2	6:36	-1.1	7:03	4:43	
27	Thu	12:51	9.5	1:01	10.4	6:47	0.0	7:21	-0.7	7:02	4:45	
28	Fri	1:36	9.4	1:48	9.8	7:35	0.2	8:05	-0.2	7:01	4:46	
29	Sat	2:22	9.2	2:36	9.3	8:24	0.5	8:50	0.3	7:00	4:47	
30	Sun	3:08	9.0	3:27	8.7	9:15	0.9	9:36	0.8	6:59	4:49	
31	Mon	3:56	8.8	4:20	8.2	10:09	1.1	10:24	1.3	6:58	4:50	