US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jan 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:11	8.4	12:08	9.6	5:55	1.2	6:32	0.1	7:14	4:14	
2	Mon	12:47	8.4	12:43	9.6	6:31	1.3	7:07	0.1	7:14	4:15	
3	Tue	1:22	8.4	1:20	9.4	7:09	1.3	7:43	0.2	7:14	4:16	
4	Wed	1:59	8.4	2:00	9.2	7:50	1.3	8:23	0.3	7:14	4:17	
5	Thu	2:39	8.5	2:45	9.0	8:36	1.3	9:05	0.4	7:14	4:18	
6	Fri	3:23	8.6	3:34	8.8	9:25	1.2	9:51	0.5	7:14	4:19	
7	Sat	4:10	8.9	4:29	8.6	10:19	1.0	10:41	0.6	7:14	4:20	
8	Sun	5:00	9.2	5:28	8.5	11:17	0.8	11:35	0.7	7:13	4:21	
9	Mon	5:55	9.5	6:32	8.5			12:19	0.4	7:13	4:22	
10	Tue	6:54	10.0	7:37	8.7	12:33	0.6	1:23	-0.1	7:13	4:23	
11	Wed	7:53	10.4	8:38	9.0	1:34	0.4	2:24	-0.7	7:13	4:24	
12	Thu	8:50	10.9	9:36	9.3	2:33	0.1	3:21	-1.2	7:12	4:25	
13	Fri	9:46	11.3	10:32	9.6	3:29	-0.2	4:17	-1.6	7:12	4:27	
14	Sat	10:42	11.5	11:27	9.8	4:25	-0.5	5:11	-1.8	7:11	4:28	
15	Sun	11:37	11.5			5:20	-0.6	6:04	-1.8	7:11	4:29	
16	Mon	12:20	9.9	12:31	11.3	6:14	-0.6	6:55	-1.6	7:10	4:30	
17	Tue	1:12	9.9	1:24	10.9	7:08	-0.5	7:46	-1.3	7:10	4:31	
18	Wed	2:04	9.8	2:19	10.3	8:04	-0.2	8:39	-0.7	7:09	4:33	
19	Thu	2:58	9.6	3:17	9.6	9:03	0.2	9:32	-0.1	7:09	4:34	
20	Fri	3:53	9.4	4:16	9.0	10:03	0.5	10:26	0.5	7:08	4:35	
21	Sat	4:48	9.2	5:17	8.4	11:05	0.7	11:21	1.0	7:07	4:37	
22	Sun	5:43	9.0	6:19	8.0			12:08	0.9	7:06	4:38	
23	Mon	6:40	8.9	7:21	7.9	12:19	1.4	1:11	0.9	7:06	4:39	
24	Tue	7:35	9.0	8:17	7.9	1:18	1.6	2:08	0.7	7:05	4:40	
25	Wed	8:26	9.1	9:07	8.0	2:11	1.6	2:57	0.5	7:04	4:42	
26	Thu	9:12	9.2	9:52	8.2	2:59	1.5	3:42	0.3	7:03	4:43	
27	Fri	9:55	9.4	10:33	8.3	3:41	1.3	4:22	0.2	7:02	4:44	
28	Sat	10:34	9.6	11:11	8.5	4:20	1.2	4:59	0.0	7:01	4:46	
29	Sun	11:12	9.7	11:47	8.6	4:57	1.0	5:34	-0.1	7:00	4:47	
30	Mon	11:47	9.8			5:33	0.9	6:07	-0.2	6:59	4:48	
31	Tue	12:20	8.7	12:22	9.8	6:09	0.7	6:40	-0.2	6:58	4:50	