US HARBORS www.USHarbors.com

Fore River, Portland, ME - Mar 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:21	9.5	12:35	9.8	6:23	-0.1	6:44	-0.3	6:16	5:30	
2	Fri	12:55	9.7	1:14	9.7	7:03	-0.2	7:21	-0.2	6:14	5:31	
3	Sat	1:32	9.9	1:57	9.4	7:46	-0.3	8:03	0.0	6:12	5:33	
4	Sun	2:15	9.9	2:46	9.0	8:35	-0.2	8:50	0.3	6:10	5:34	
5	Mon	3:04	9.8	3:42	8.7	9:29	-0.1	9:44	0.7	6:09	5:35	
6	Tue	3:59	9.7	4:45	8.3	10:29	0.1	10:44	1.0	6:07	5:36	
7	Wed	5:03	9.6	5:56	8.2	11:36	0.2	11:51	1.1	6:05	5:38	
8	Thu	6:13	9.6	7:09	8.3			12:49	0.1	6:04	5:39	
9	Fri	7:25	9.9	8:15	8.7	1:03	0.9	1:58	-0.2	6:02	5:40	
10	Sat	8:31	10.2	9:13	9.3	2:11	0.5	2:58	-0.6	6:00	5:41	
11	Sun	10:29	10.6	11:06	9.8	4:11	0.0	4:51	-1.0	6:58	6:43	
12	Mon	11:22	10.8	11:54	10.1	5:06	-0.5	5:40	-1.2	6:56	6:44	
13	Tue			12:12	10.8	5:57	-0.8	6:26	-1.1	6:55	6:45	
14	Wed	12:40	10.4	1:00	10.6	6:45	-0.9	7:09	-0.9	6:53	6:46	
15	Thu	1:22	10.4	1:45	10.2	7:32	-0.9	7:51	-0.5	6:51	6:48	
16	Fri	2:04	10.2	2:30	9.7	8:17	-0.6	8:32	0.1	6:49	6:49	
17	Sat	2:45	9.9	3:17	9.1	9:03	-0.2	9:15	0.7	6:48	6:50	
18	Sun	3:29	9.5	4:07	8.5	9:51	0.3	10:01	1.3	6:46	6:51	
19	Mon	4:16	9.1	5:00	8.0	10:43	0.8	10:52	1.8	6:44	6:52	
20	Tue	5:08	8.7	5:58	7.6	11:38	1.2	11:47	2.2	6:42	6:54	
21	Wed	6:06	8.4	6:59	7.5			12:39	1.4	6:40	6:55	
22	Thu	7:08	8.3	8:00	7.5	12:48	2.3	1:43	1.5	6:39	6:56	
23	Fri	8:10	8.4	8:56	7.8	1:52	2.2	2:42	1.3	6:37	6:57	
24	Sat	9:05	8.7	9:43	8.2	2:50	1.9	3:31	1.0	6:35	6:58	
25	Sun	9:52	9.0	10:24	8.6	3:39	1.5	4:12	0.6	6:33	7:00	
26	Mon	10:34	9.4	11:02	9.1	4:21	1.0	4:49	0.3	6:31	7:01	
27	Tue	11:14	9.7	11:37	9.5	5:01	0.5	5:24	0.0	6:29	7:02	
28	Wed	11:53	9.9			5:39	0.0	5:59	-0.2	6:28	7:03	
29	Thu	12:12	9.9	12:32	9.9	6:19	-0.4	6:36	-0.3	6:26	7:04	
30	Fri	12:48	10.2	1:12	9.9	6:59	-0.7	7:14	-0.3	6:24	7:06	
31	Sat	1:25	10.5	1:55	9.8	7:42	-0.9	7:55	-0.1	6:22	7:07	