US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:15	9.9	5:55	9.8	11:31	-0.1			5:04	8:26	
2	Mon	6:17	9.3	6:52	9.8	12:05	0.6	12:28	0.4	5:04	8:26	
3	Tue	7:20	8.9	7:49	9.7	1:10	0.7	1:26	0.8	5:05	8:26	
4	Wed	8:22	8.6	8:42	9.8	2:13	0.6	2:23	1.1	5:05	8:25	
5	Thu	9:20	8.5	9:32	9.8	3:11	0.5	3:16	1.3	5:06	8:25	
6	Fri	10:12	8.4	10:18	9.8	4:02	0.4	4:04	1.5	5:07	8:25	
7	Sat	10:59	8.4	11:02	9.8	4:49	0.3	4:48	1.5	5:07	8:24	
8	Sun	11:43	8.5	11:43	9.8	5:32	0.2	5:29	1.5	5:08	8:24	
9	Mon			12:24	8.5	6:12	0.2	6:09	1.5	5:09	8:23	
10	Tue	12:22	9.8	1:03	8.5	6:50	0.3	6:46	1.5	5:10	8:23	
11	Wed	1:00	9.8	1:40	8.5	7:25	0.3	7:24	1.5	5:10	8:22	
12	Thu	1:36	9.7	2:16	8.5	8:00	0.3	8:01	1.5	5:11	8:22	
13	Fri	2:13	9.6	2:52	8.6	8:35	0.4	8:41	1.5	5:12	8:21	
14	Sat	2:51	9.4	3:30	8.7	9:12	0.5	9:24	1.5	5:13	8:20	
15	Sun	3:33	9.2	4:09	8.9	9:51	0.6	10:10	1.4	5:14	8:20	
16	Mon	4:18	9.0	4:51	9.1	10:32	0.7	10:59	1.2	5:15	8:19	
17	Tue	5:07	8.8	5:37	9.3	11:17	0.8	11:52	1.0	5:16	8:18	
18	Wed	6:00	8.6	6:26	9.6			12:06	0.9	5:17	8:17	
19	Thu	6:58	8.5	7:21	10.0	12:49	0.8	1:00	0.9	5:18	8:17	
20	Fri	8:01	8.6	8:19	10.4	1:50	0.4	1:59	0.8	5:18	8:16	
21	Sat	9:03	8.8	9:17	10.8	2:51	-0.1	2:58	0.6	5:19	8:15	
22	Sun	10:03	9.1	10:15	11.2	3:50	-0.6	3:56	0.3	5:20	8:14	
23	Mon	11:01	9.5	11:12	11.5	4:47	-1.1	4:53	0.0	5:21	8:13	
24	Tue	11:57	9.8			5:42	-1.4	5:50	-0.3	5:22	8:12	
25	Wed	12:08	11.7	12:52	10.0	6:36	-1.6	6:46	-0.4	5:23	8:11	
26	Thu	1:04	11.6	1:46	10.2	7:29	-1.6	7:42	-0.4	5:24	8:10	
27	Fri	1:59	11.3	2:39	10.2	8:21	-1.3	8:39	-0.3	5:26	8:09	
28	Sat	2:54	10.9	3:32	10.2	9:13	-0.9	9:37	0.0	5:27	8:08	
29	Sun	3:51	10.2	4:27	10.0	10:06	-0.4	10:37	0.2	5:28	8:07	
30	Mon	4:50	9.6	5:22	9.8	11:00	0.2	11:38	0.5	5:29	8:06	
31	Tue	5:50	9.0	6:17	9.6	11:55	0.8			5:30	8:04	