
































Fore River, Portland, ME - Jun 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:31	8.4	10:35	9.6	4:21	0.8	4:20	1.5	5:02	8:15	
2	Mon	11:13	8.4	11:12	9.8	5:01	0.5	4:58	1.5	5:01	8:16	
3	Tue	11:54	8.5	11:50	9.9	5:39	0.3	5:36	1.5	5:01	8:17	
4	Wed			12:34	8.5	6:17	0.1	6:15	1.4	5:00	8:18	
5	Thu	12:28	10.0	1:14	8.5	6:57	0.0	6:56	1.4	5:00	8:18	
6	Fri	1:09	10.1	1:55	8.6	7:38	-0.1	7:39	1.3	5:00	8:19	
7	Sat	1:52	10.1	2:39	8.6	8:22	-0.1	8:26	1.3	5:00	8:20	
8	Sun	2:38	10.1	3:27	8.8	9:09	-0.1	9:18	1.2	4:59	8:20	
9	Mon	3:30	10.0	4:19	9.0	9:59	-0.1	10:14	1.1	4:59	8:21	
10	Tue	4:26	9.8	5:14	9.2	10:51	-0.1	11:14	1.0	4:59	8:22	
11	Wed	5:26	9.6	6:09	9.6	11:45	0.0			4:59	8:22	
12	Thu	6:28	9.5	7:05	10.0	12:17	0.7	12:41	0.1	4:59	8:23	
13	Fri	7:33	9.3	8:02	10.4	1:21	0.4	1:39	0.2	4:59	8:23	
14	Sat	8:37	9.3	8:58	10.7	2:25	-0.1	2:38	0.3	4:59	8:24	
15	Sun	9:38	9.4	9:52	11.0	3:25	-0.5	3:33	0.3	4:59	8:24	
16	Mon	10:35	9.4	10:44	11.1	4:21	-0.9	4:27	0.3	4:59	8:24	
17	Tue	11:30	9.4	11:36	11.1	5:15	-1.0	5:19	0.4	4:59	8:25	
18	Wed			12:23	9.4	6:07	-1.0	6:11	0.6	4:59	8:25	
19	Thu	12:27	10.9	1:13	9.2	6:57	-0.9	7:01	0.7	4:59	8:25	
20	Fri	1:16	10.7	2:02	9.1	7:46	-0.6	7:50	1.0	4:59	8:26	
21	Sat	2:04	10.3	2:50	8.9	8:33	-0.3	8:39	1.2	4:59	8:26	
22	Sun	2:53	9.9	3:39	8.8	9:21	0.1	9:31	1.5	5:00	8:26	
23	Mon	3:43	9.4	4:28	8.7	10:08	0.5	10:24	1.7	5:00	8:26	
24	Tue	4:34	9.0	5:16	8.7	10:54	0.9	11:17	1.8	5:00	8:26	
25	Wed	5:26	8.5	6:03	8.7	11:40	1.2			5:01	8:26	
26	Thu	6:19	8.2	6:51	8.8	12:12	1.9	12:26	1.5	5:01	8:26	
27	Fri	7:15	7.9	7:39	8.9	1:08	1.8	1:15	1.8	5:01	8:26	
28	Sat	8:11	7.8	8:27	9.0	2:04	1.6	2:04	1.9	5:02	8:26	
29	Sun	9:05	7.9	9:12	9.3	2:56	1.3	2:53	1.9	5:02	8:26	
30	Mon	9:54	8.0	9:56	9.5	3:43	1.0	3:38	1.8	5:03	8:26	